

# VTE\* und Tumorerkrankungen

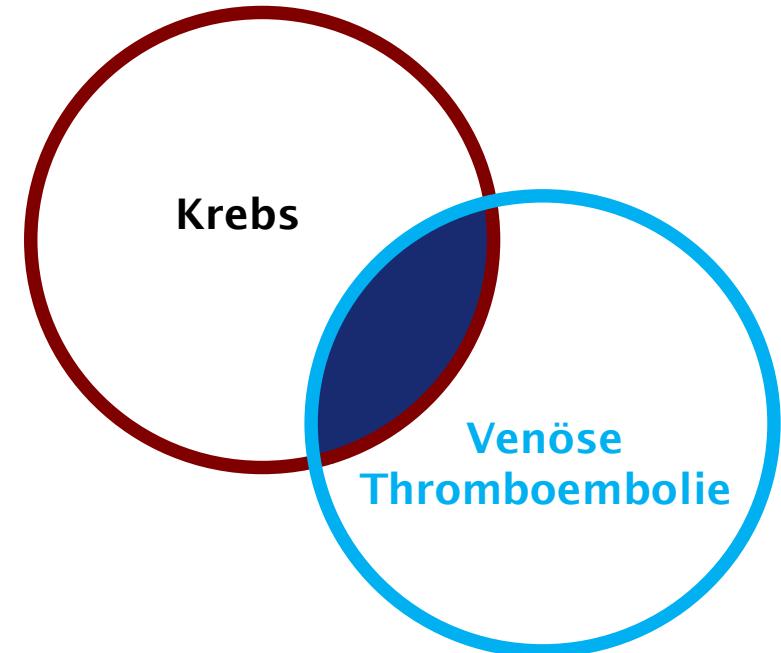
\*Venöse Thromboembolie

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Universitätsklinik für Innere Medizin I  
Medizinische Universität Wien / AKH Wien

# Tumor und Thrombose - Epidemiologie

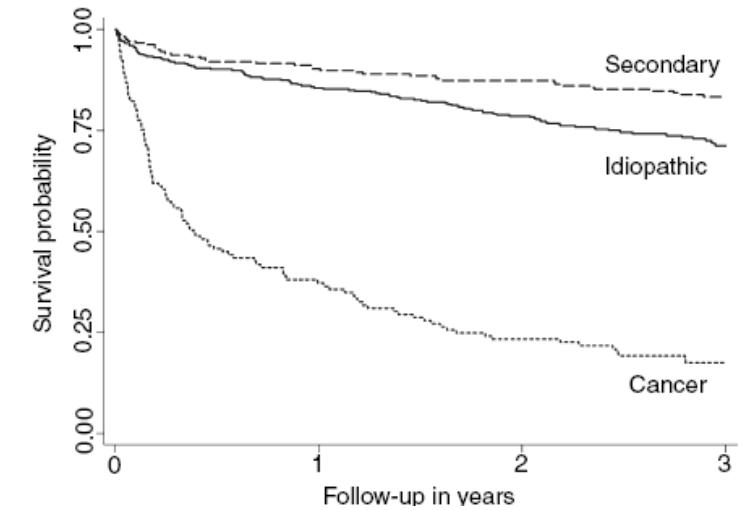
- ~20% aller VTEs sind mit einer Tumorerkrankung assoziiert
  - Tumorerkrankungen sind ein starker VTE-Risikofaktor
- 1 bis 30% der Patienten mit Tumoren erleiden eine VTE
  - Hohe Rate an “asymptomatischen” (inzidentellen) Pulmonalembolien (PE)



Ay C, Pabinger I & Cohen AT. Thromb Haemost. 2017;117(2):219-230.

# Tumor und Thrombose - Folgen

- VTE erhöht Morbidität und Mortalität der Tumorpatienten
  - VTE eine führende Todesursache bei Tumorpatienten
  - Mortalitätsrisiko bei Patienten mit VTE 3.7-fach [95% CI: 1.3-14.4] erhöht
  - „Case-fatality rate“ nach 30 Tagen: ~25%

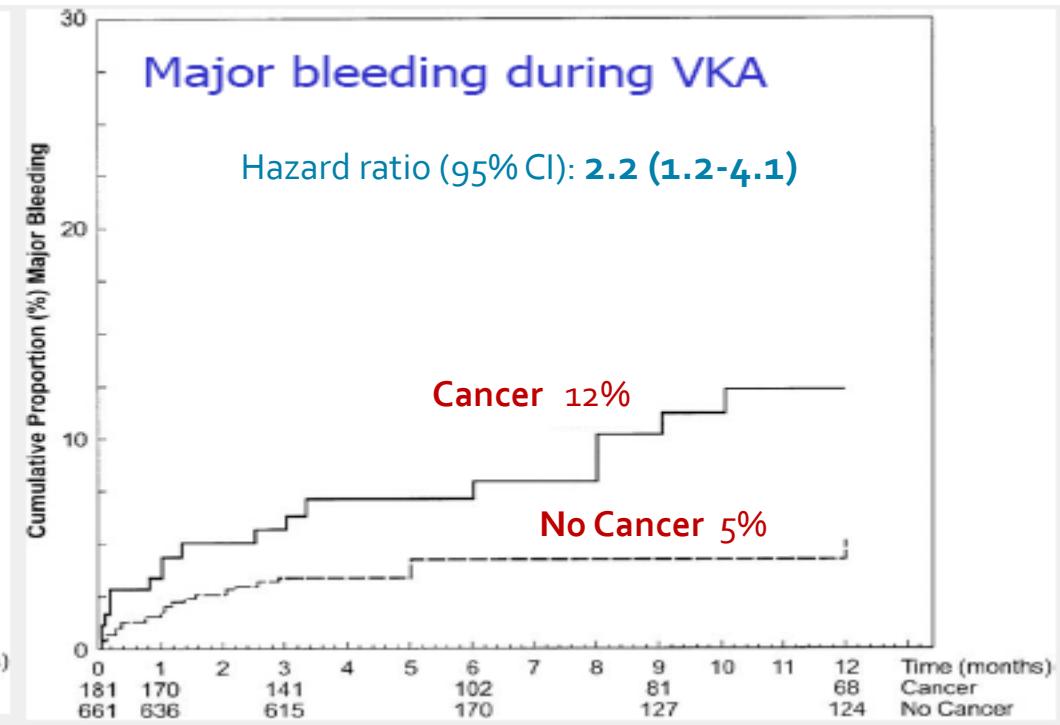
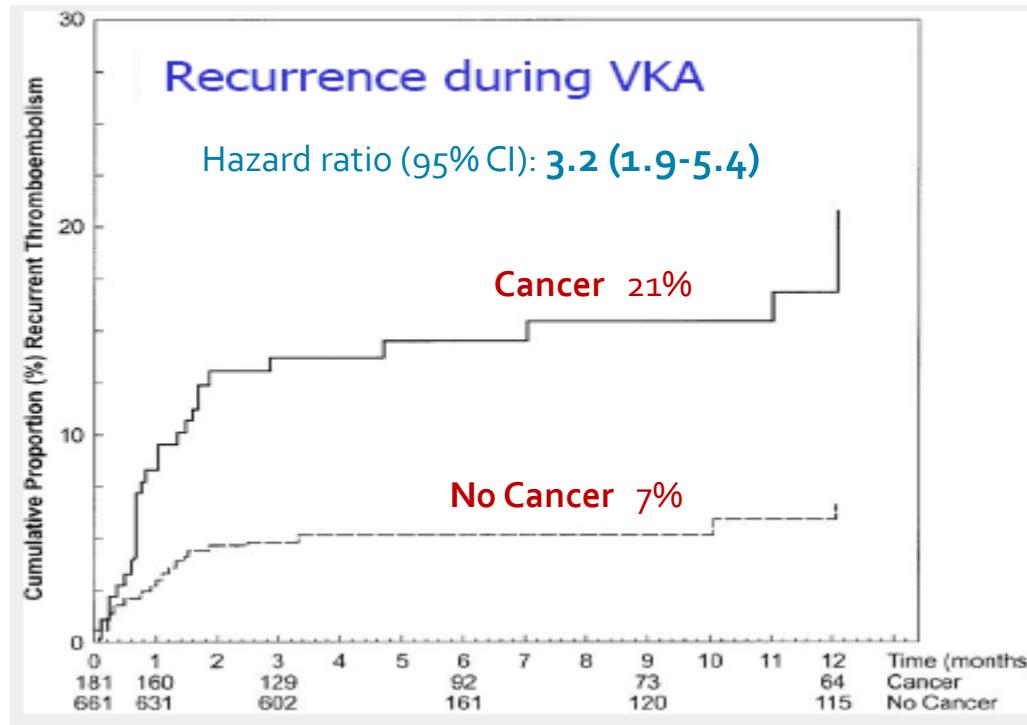


Khorana AA. J Thromb Haemost. 2007;5(3):632-4; Naess IA et al, J Thromb Haemost 2007;5(4):692-9; Chew HK. Arch Intern Med 2006;166(4):458-64

# **Behandlung der VTE bei Tumorpatienten**

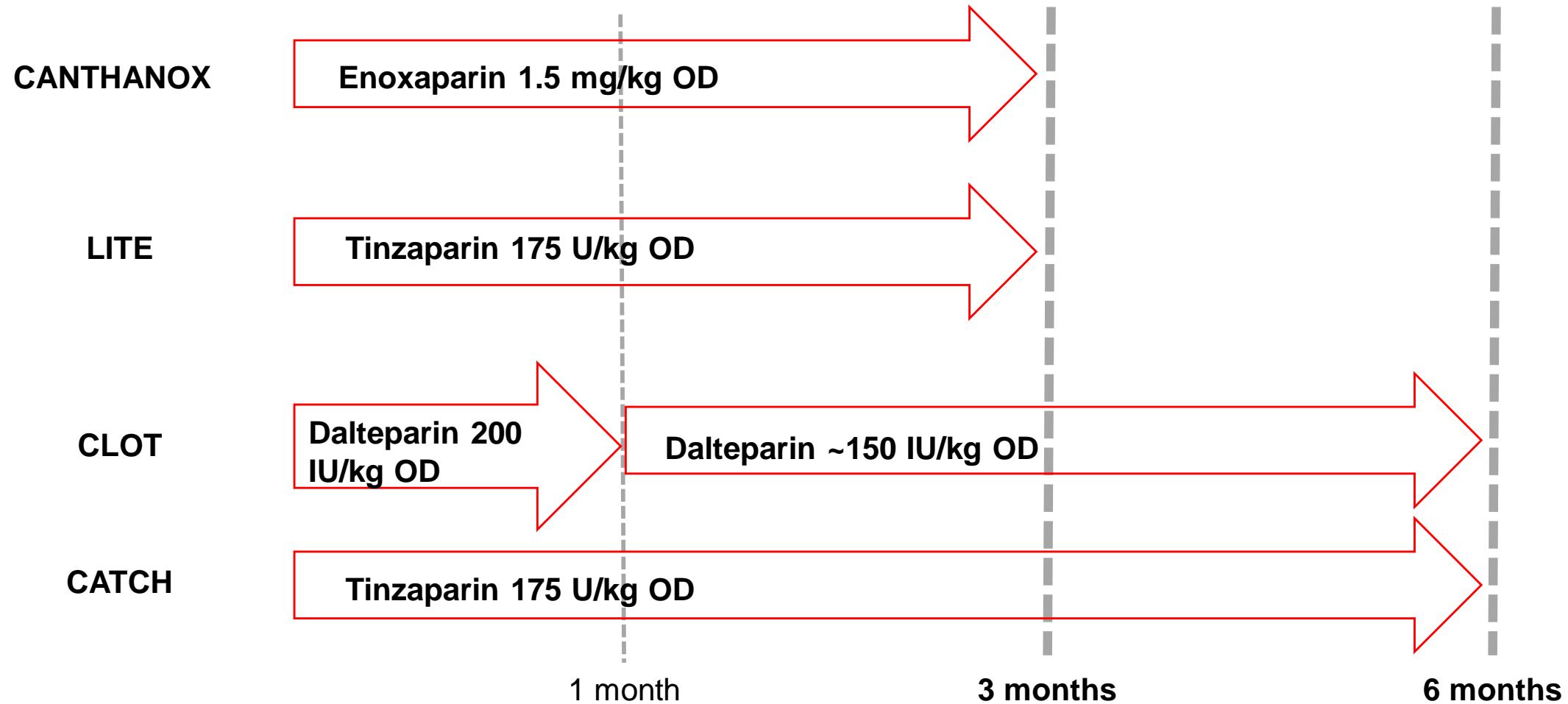
# Oral Anticoagulation with Vitamin K Antagonists (Warfarin) for Treatment of VTE

- High risk of recurrence of VTE and bleeding during oral anticoagulation in patients with cancer



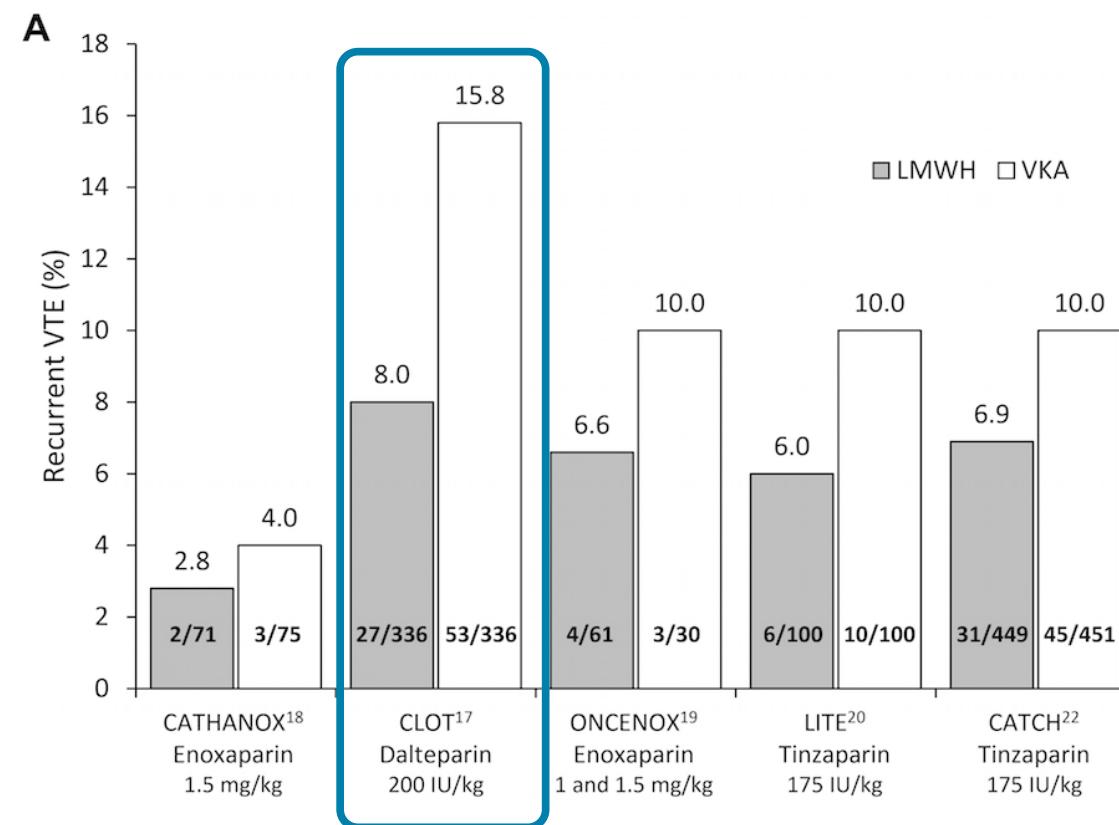
# Treatment of cancer-associated VTE (CAT)

## Open-label, randomized controlled trials



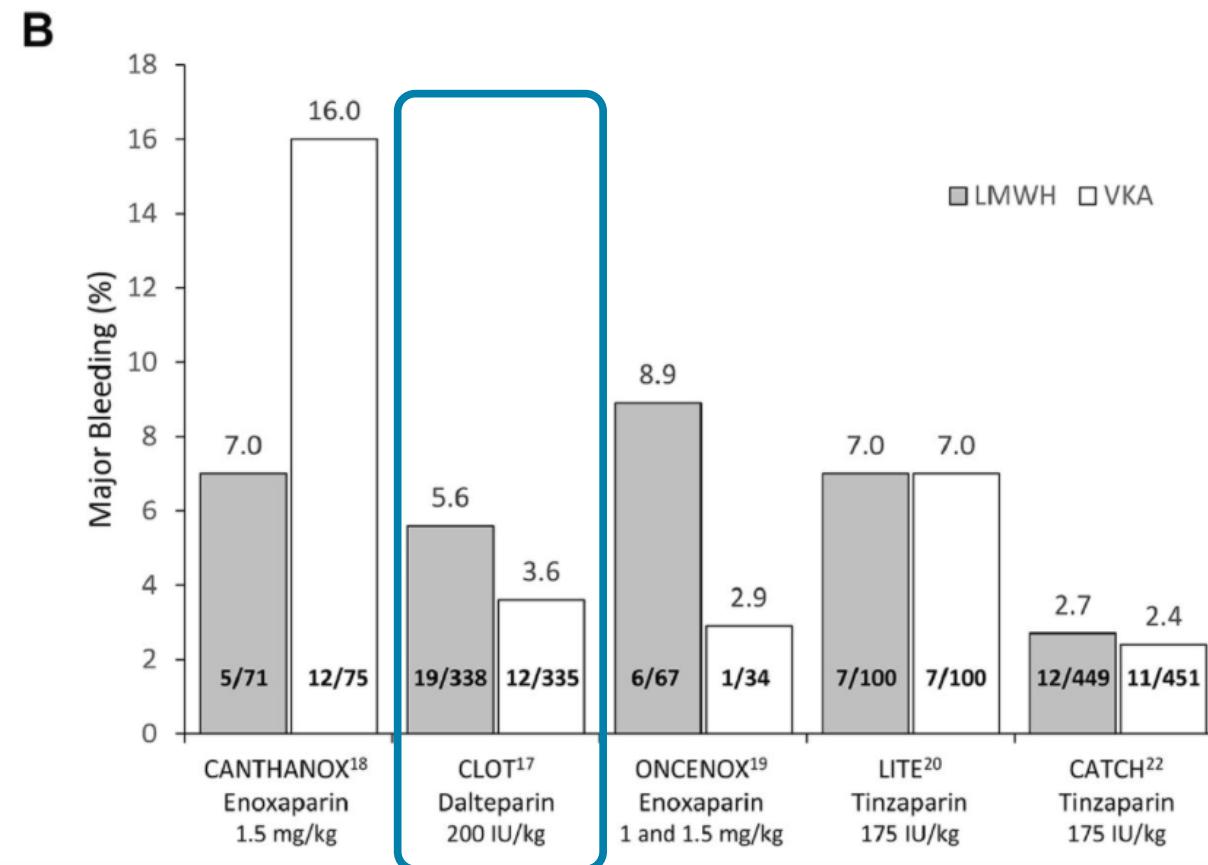
Meyer et al. Arch Intern Med 2002; 162: 1729-35.; Hull et al. Am J Med 2006; 119: 1062-72.; Lee et al. N Engl J Med 2003; 349: 146-53.; Lee et al. JAMA. 2015;314:677-86.

# Incidence of **recurrent** VTE in randomized, clinical trials of LMWH vs. VKA for the treatment and secondary prevention of VTE in cancer patients



Ay C, Kamphuisen PW & Agnelli G. ESMO Open. 2017 Jun 8;2(2):e000188.

# Incidence of **major bleeding** in randomized, clinical trials of LMWH vs. VKA for the treatment and secondary prevention of VTE in cancer patients



Ay C, Kamphuisen PW & Agnelli G. ESMO Open. 2017 Jun 8;2(2):e000188.

# DOAC in the treatment of cancer-associated VTE (CAT)

- In phase III clinical trials **dabigatran**, **rivaroxaban**, **apixaban** and **edoxaban** have shown non-inferiority to standard treatment (vitamin K antagonist: warfarin) in treatment of DVT and PE
  - Cancer patients comprised only ~4% to 9% of patients in these studies

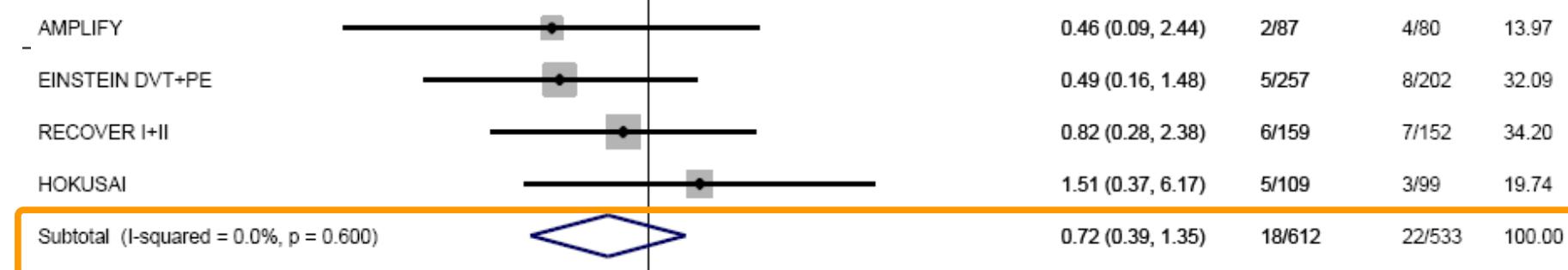
Schulman et al *NEJM* 2009, Bauersachs et al *NEJM* 2010, Buller et al *NEJM* 2012, Agnelli et al. *NEJM* 2013, Büller et al. *NEJM* 2013

# What role do NOACs/DOACs play in treating cancer-associated VTE? Meta-Analysis (subgroups): Efficacy and safety of NOACs vs VKA

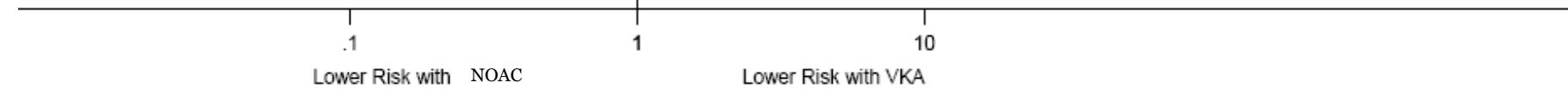
Figure 2B: NOAC vs. VKA



Figure 3B: NOAC vs. VKA

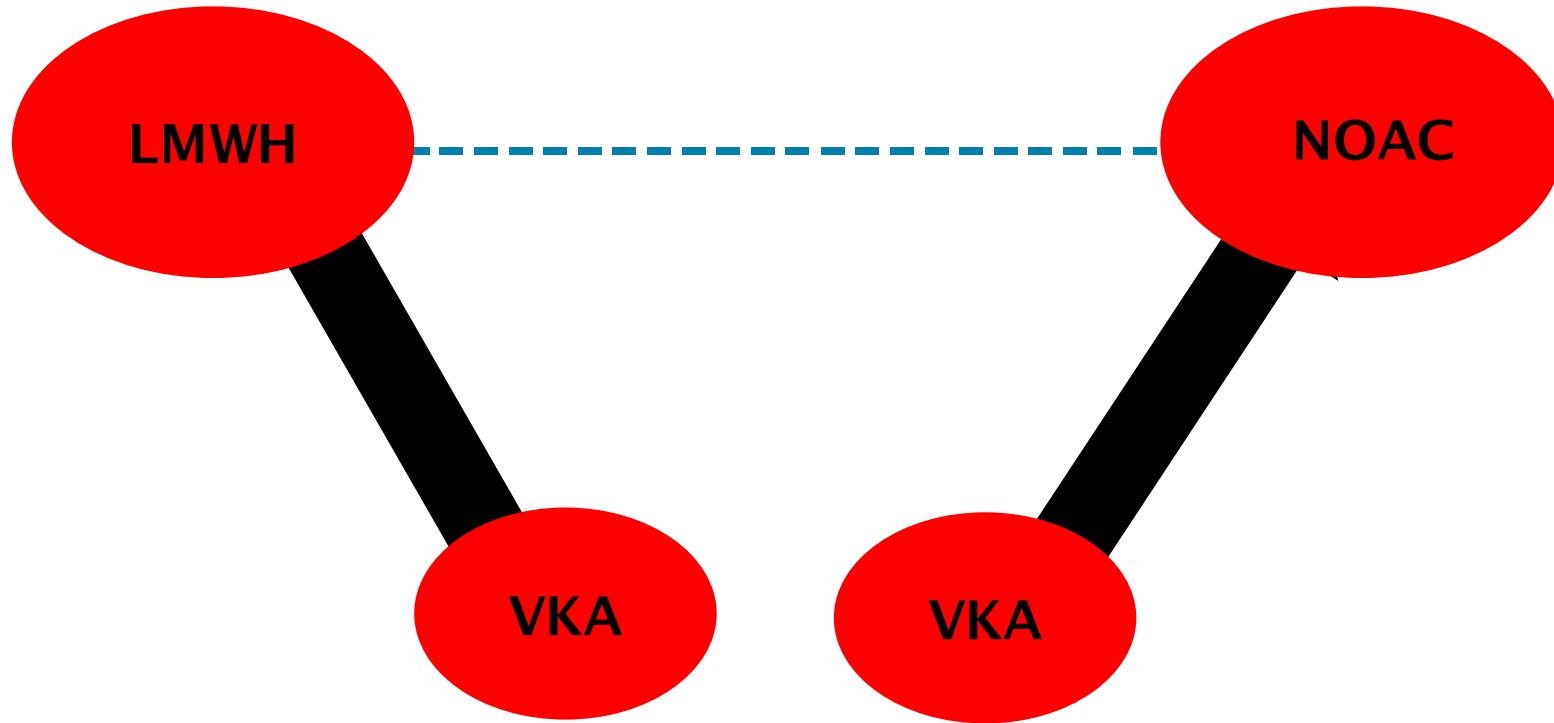


NOTE: Weights are from random effects analysis



Posch and Ay et al. Thromb Res. 2015;136(3):582-9.

# Studien zur Behandlung der VTE bei Tumorerkrankungen



Direkte Evidenz aus „Head-to-Head“ Studien



Kein direkter Vergleich bisher

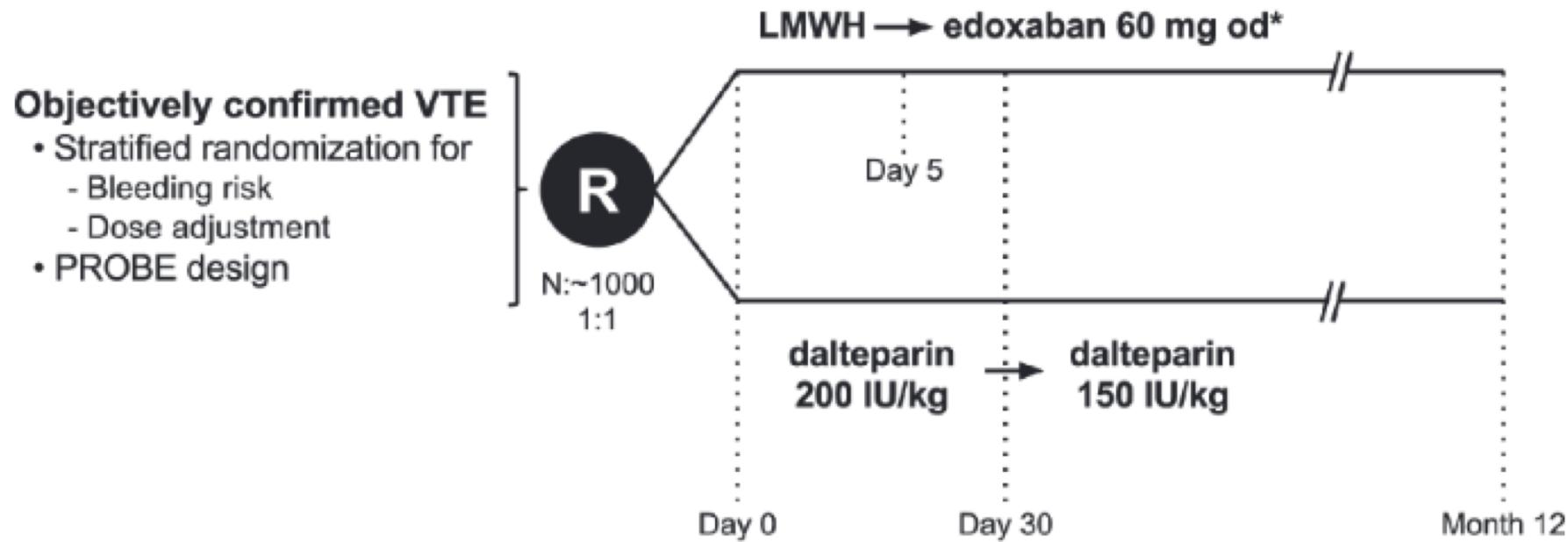
# Guidelines until 2017 (selection)

Class	Acute Treatment	Long-Term Treatment	Duration of Extended Treatment
ACCP	<p>For acute and long-term treatment (first 3 months), LMWH is preferred over VKA (<a href="#">Grade 2B</a>) or DOACs (<a href="#">Grade 2C</a>) in cancer patients</p> <p>In cancer patients not treated with LMWH, ACCP states no preference for VKAs or DOACs and no DOAC is preferred over the others</p>		<p>Extended anticoagulant therapy (no scheduled stop date) over 3 months of therapy</p> <p>Continued use of treatment should be reassessed at periodic intervals</p>
ASCO	<p>LMWH for the initial 5–10 days of anticoagulation for cancer patients with newly diagnosed VTE (<a href="#">strong recommendation</a>)</p>	<p>LMWH (VKA is alternative when LMWH not available)  <a href="#">(strong recommendation)</a></p>	<p>At least 6 months</p> <p>Select patients with active cancer (eg, metastatic disease or receiving chemotherapy) can continue beyond 6 months</p>
International Clinical Practice Guidelines	<p>LMWH  <a href="#">(Grade 1B)</a></p>	<p>LMWH for at least 3 months  <a href="#">(Grade 1A)</a></p>	<p>After 3–6 months, termination or continuation of anticoagulation should be based on individual evaluation of the benefit-risk ratio, tolerability, patient preference, and cancer activity</p>
NCCN	<p>LMWH (preferred)</p>	<p>LMWH (preferred)</p>	<p>Continue for ≥3 months or for as long as there is active cancer or persistent risk factors</p>



# HOKUSAI VTE Cancer Studie

- LMWH/**Edoxaban** vs. LMWH (CLOT Dosierungschema)



\*Edoxaban 30 mg 1x täglich, wenn CrCL 30–50 mL/min, Gwicht  $\leq$ 60 kg, und/oder gleichzeitig P-gp Inhibitor im Einsatz.

van Es N et al. Thromb Haemost. 2015;114(6):1268-76.

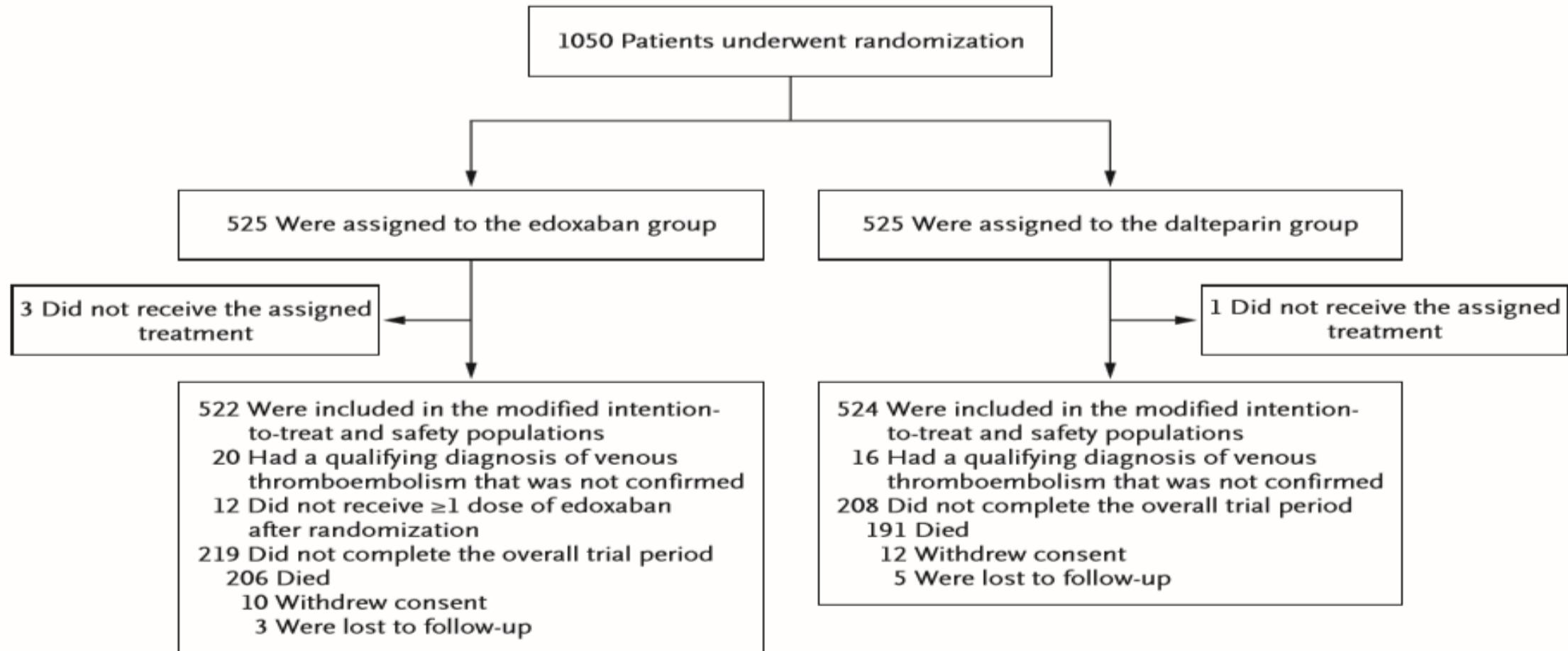
ORIGINAL ARTICLE

# Edoxaban for the Treatment of Cancer-Associated Venous Thromboembolism

Gary E. Raskob, Ph.D., Nick van Es, M.D., Peter Verhamme, M.D.,  
Marc Carrier, M.D., Marcello Di Nisio, M.D., David Garcia, M.D.,  
Michael A. Grosso, M.D., Ajay K. Kakkar, M.B., B.S., Michael J. Kovacs, M.D.,  
Michele F. Mercuri, M.D., Guy Meyer, M.D., Annelise Segers, M.D.,  
Minggao Shi, Ph.D., Tzu-Fei Wang, M.D., Erik Yeo, M.D., George Zhang, Ph.D.,  
Jeffrey I. Zwicker, M.D., Jeffrey I. Weitz, M.D., and Harry R. Büller, M.D.,  
for the Hokusai VTE Cancer Investigators\*

N Engl J Med. 2017 Dec 12. doi: 10.1056/NEJMoa1711948.

# Offene randomisierte Studie mit verblindeter Adjudizierung der Ereignisse



# HOKUSAI VTE Cancer - Patient characteristics

Characteristic	Edoxaban (N=522)	Dalteparin (N=524)
Age — yr	64.3±11.0	63.7±11.7
Male sex — no. (%)	277 (53.1)	263 (50.2)
Weight		
Mean — kg	78.8±17.9	79.1±18.1
≤60 kg — no. (%)	83 (15.9)	78 (14.9)
Creatinine clearance of 30–50 ml/min — no. (%)	38 (7.3)	34 (6.5)
Platelet count of 50,000–100,000 per µl — no. (%)	32 (6.1)	23 (4.4)
Met criteria to receive lower dose of edoxaban — no. (%)†	122 (23.4)	117 (22.3)
Qualifying diagnosis of venous thromboembolism — no. (%)		
Pulmonary embolism with or without deep-vein thrombosis	328 (62.8)	329 (62.8)
Deep-vein thrombosis only	194 (37.2)	195 (37.2)
Symptomatic deep-vein thrombosis or pulmonary embolism	355 (68.0)	351 (67.0)
Incidental deep-vein thrombosis or pulmonary embolism‡	167 (32.0)	173 (33.0)
Active cancer — no. (%)	513 (98.3)	511 (97.5)
Metastatic disease — no. (%)	274 (52.5)	280 (53.4)
Recurrent cancer — no. (%)	163 (31.2)	152 (29.0)
Cancer treatment within previous 4 wk — no. (%)§	374 (71.6)	383 (73.1)

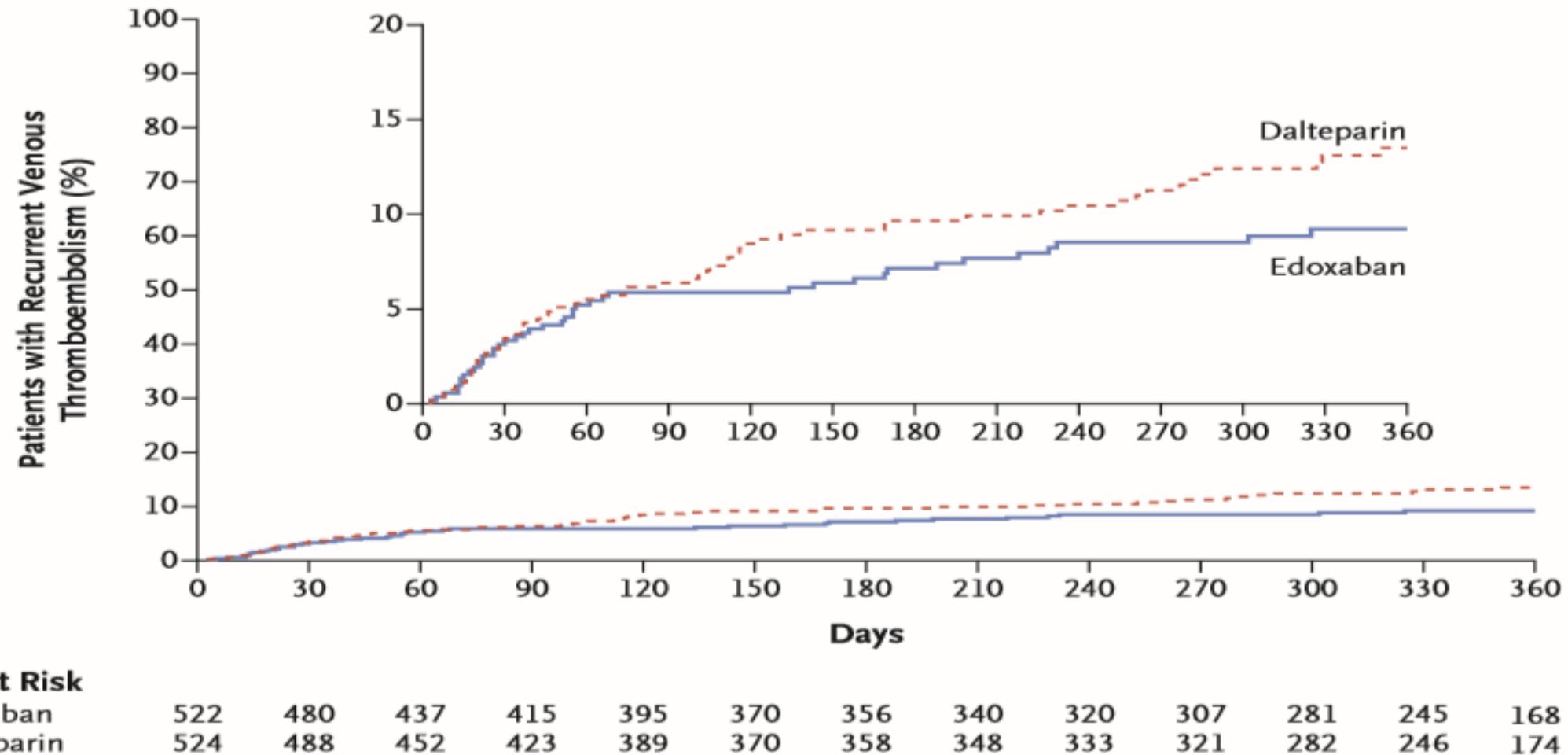
# HOKUSAI VTE Cancer - Study outcomes

Outcome	Edoxaban (N=522)	Dalteparin (N=524)	Hazard Ratio (95% CI)	P Value
<b>Primary outcome</b>				
Recurrent venous thromboembolism or major bleeding — no. (%)	67 (12.8)	71 (13.5)	0.97 (0.70–1.36)	0.006 for noninferiority; 0.87 for superiority
<b>Secondary outcomes</b>				
Recurrent venous thromboembolism — no. (%)	41 (7.9)	59 (11.3)	0.71 (0.48–1.06)	0.09
Recurrent deep-vein thrombosis — no. (%)	19 (3.6)	35 (6.7)	0.56 (0.32–0.97)	
Recurrent pulmonary embolism — no. (%)†	27 (5.2)	28 (5.3)	1.00 (0.59–1.69)	
Major bleeding — no. (%)	36 (6.9)	21 (4.0)	1.77 (1.03–3.04)	0.04
Severity of major bleeding among those with major bleeding — no./total no. (%)‡				
Category 1	0	0		
Category 2	24/36 (66.7)	8/21 (38.1)		
Category 3	12/36 (33.3)	12/21 (57.1)		
Category 4	0	1/21 (4.8)		
Clinically relevant nonmajor bleeding — no. (%)§	76 (14.6)	58 (11.1)	1.38 (0.98–1.94)	
Major or clinically relevant nonmajor bleeding — no. (%)§¶	97 (18.6)	73 (13.9)	1.40 (1.03–1.89)	
Death from any cause — no. (%)	206 (39.5)	192 (36.6)	1.12 (0.92–1.37)	
Event-free survival — no. (%)	287 (55.0)	296 (56.5)	0.93 (0.77–1.11)	

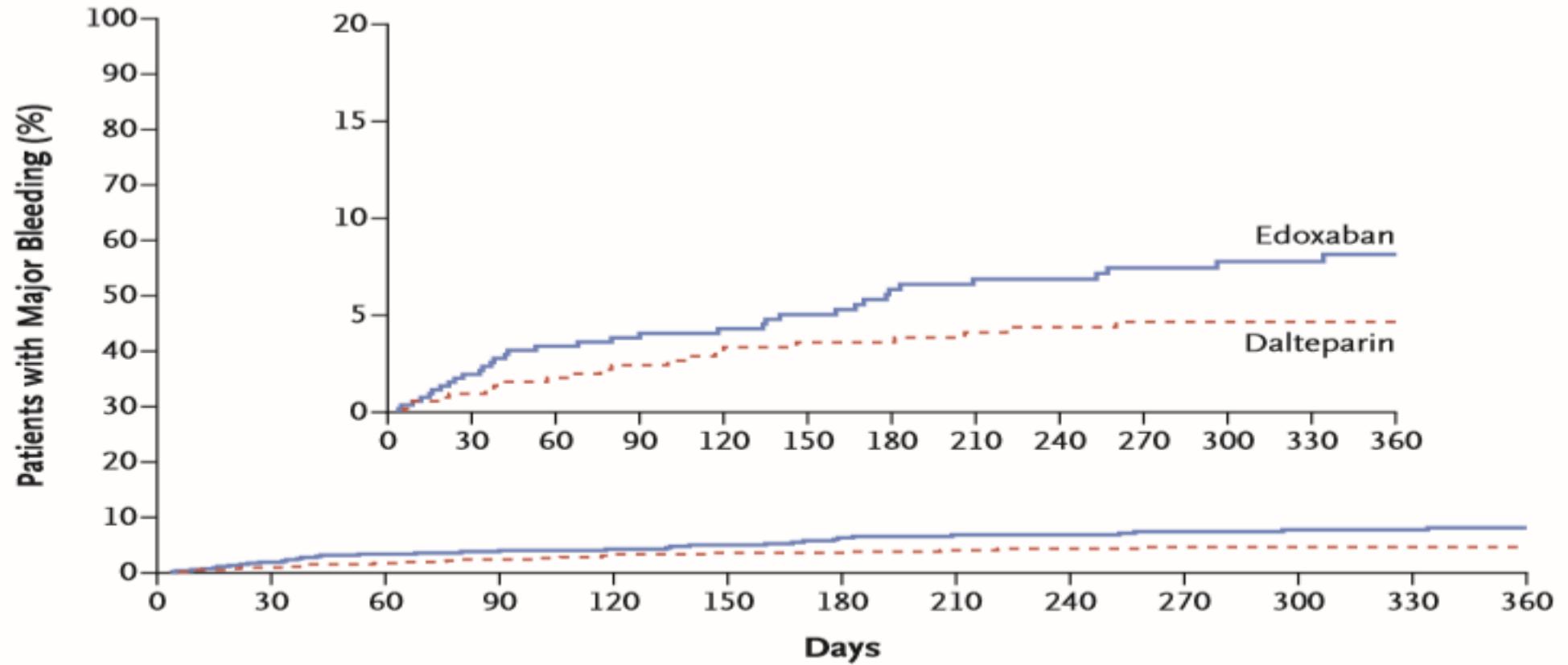
†Category 1 = bleeding events that were not considered to be a clinical emergency; category 2 = bleeding events that could not be classified in any of the other categories because they led to some treatment but were not considered to be a clinical emergency; category 3 = bleeding events that were considered to be a clinical emergency, such as bleeding with hemodynamic instability or intracranial bleeding with neurologic symptoms; category 4 = bleeding events that led to death before or almost immediately after the patient entered the hospital.

**Most major bleedings (edoxaban) events were Gastrointestinal Bleedings**

# HOKUSAI VTE Cancer - Probability of recurrent VTE



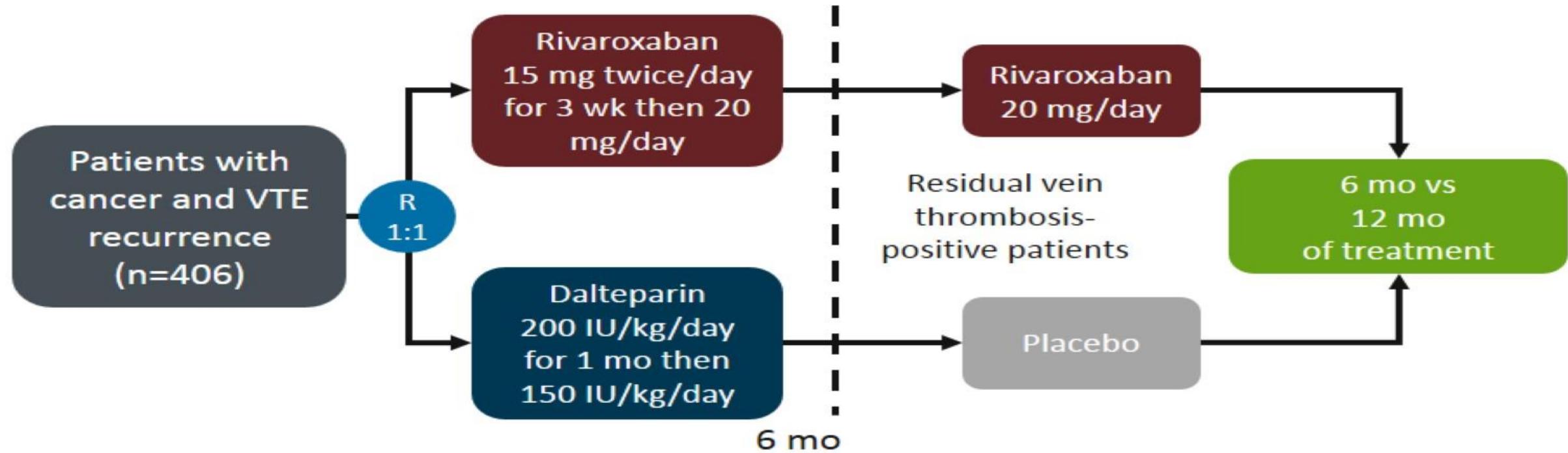
# HOKUSAI VTE Cancer - Probability of major bleeding



## No. at Risk

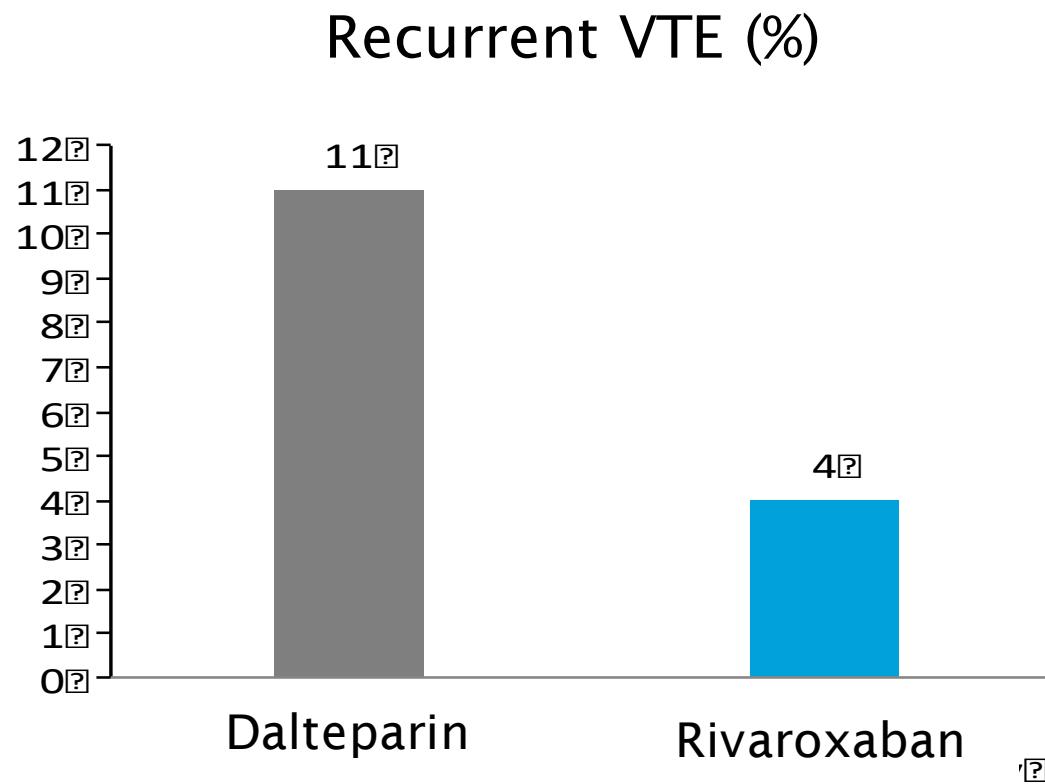
Edoxaban	522	484	447	426	404	375	358	343	323	308	282	248	168
Dalteparin	524	497	466	436	409	390	378	356	346	335	298	262	183

# SELECT-D Trial: Design



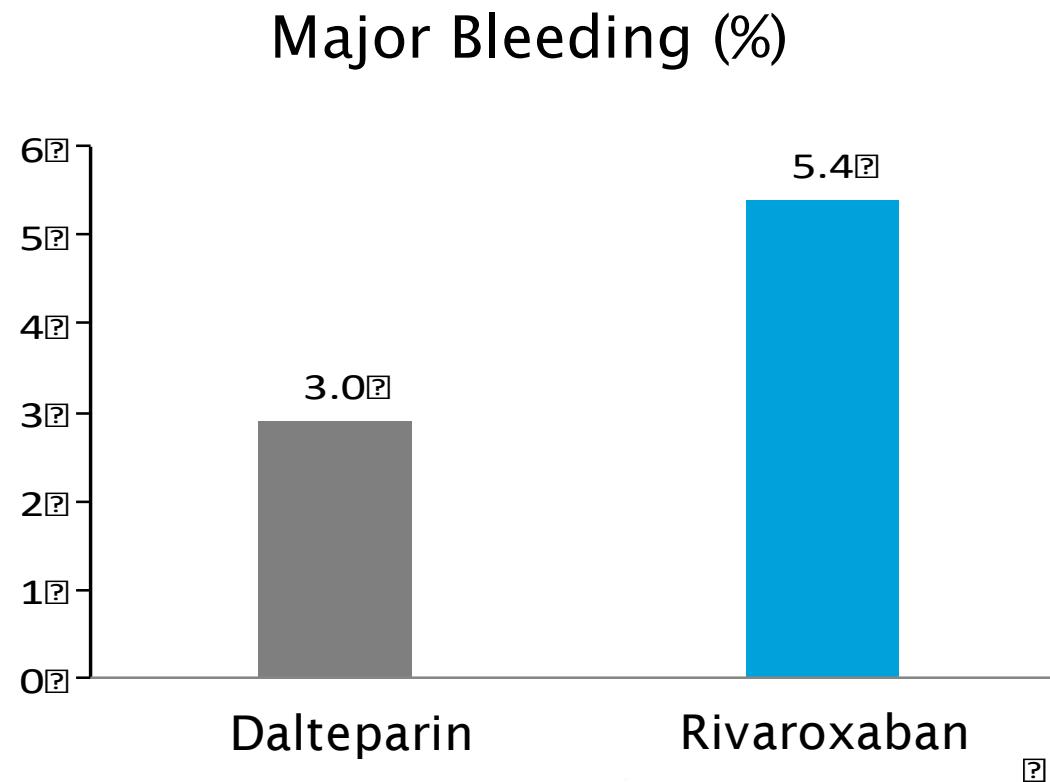
- Primary outcome: recurrent VTE

# SELECT-D



- 54% of patients completed 6 months of trial treatment
  - 52% on dalteparin
  - 55% on rivaroxaban

# SELECT-D (n=406)



- Most Major Bleeding events were Gastrointestinal Bleeding
- No Central Nervous System Bleeding was observed.

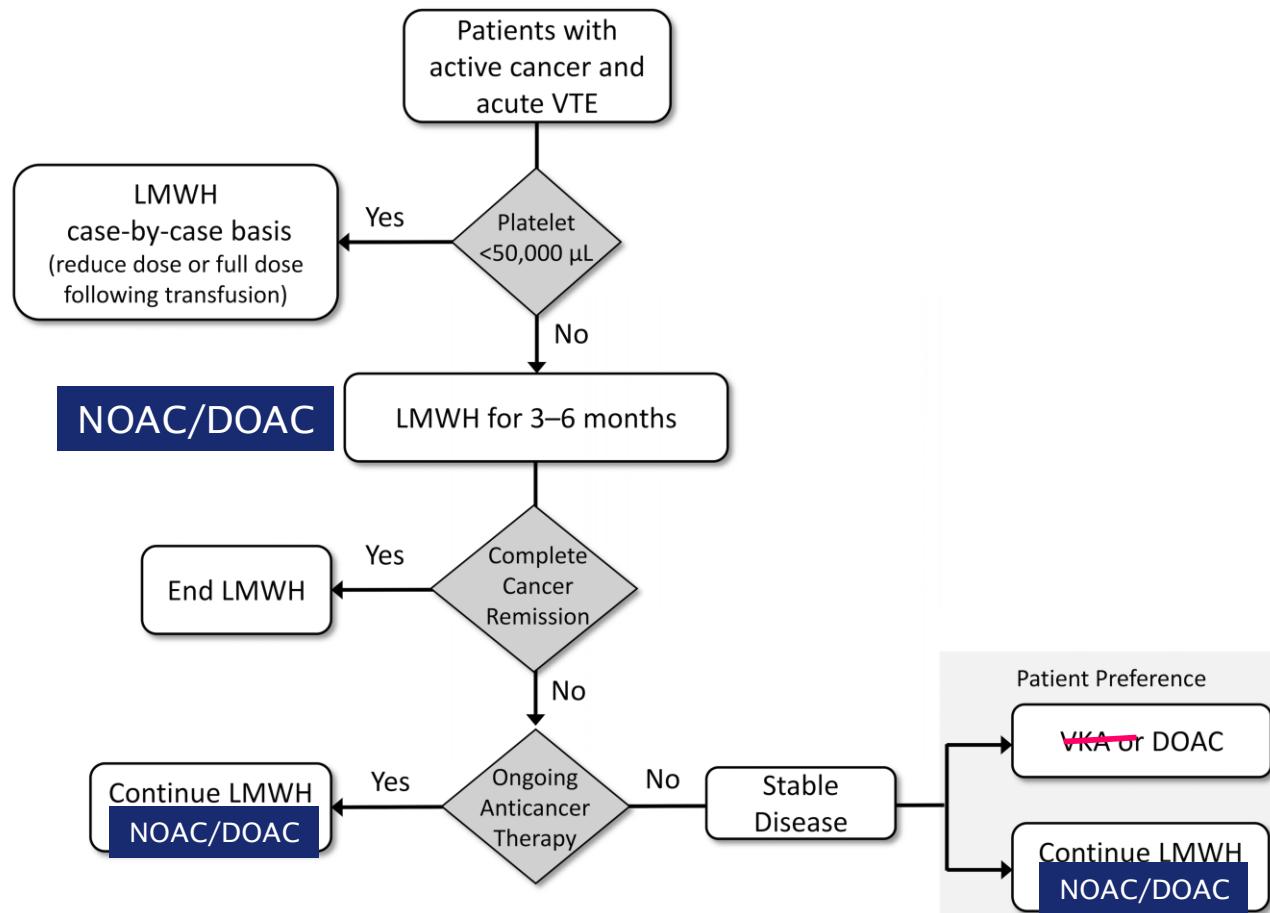
# Zusammenfassung

- Tumor-assoziierte VTE ist häufig
- Therapeutisches Management herausfordernd
- Therapie der Tumor-assoziierten VTE im Wandel
  - Monotherapie mit niedermolekularen Heparinen (LMWH) war bisher “standard-of-care” für die Behandlung
  - Neue Daten für DOAK/NOAK für die Therapie der Tumor-assoziierten VTE
    - Effektive Therapie (weniger VTE-Rezidive)
    - Höheres Blutungsrisiko (GI-Blutungen) – keine tödlichen Blutungen

# Vielen Dank für Ihre Aufmerksamkeit!



# Treatment and secondary prevention strategy for VTE in patients with active cancer based on the treatment guidelines for cancer-associated VTE



Ay C, Kamphuisen PW & Agnelli G. ESMO Open. 2017 Jun 8;2(2):e000188.