



6. Thromboseforum

Stuttgart 30.01.2016



Koronare Herzerkrankung und Klappenerkrankung

Antithrombozytäre Therapie nach Drug-eluting stents (DES) und bioresorbierbaren Scaffolds (BVS) bei stabiler koronarer Herzkrankheit

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Bare-Metal-Stent

Reduktion der subakuten Stentthrombose rate (30-Tage) von

-> 25% (ASS Monotherapie) auf

-> 5-7% (Marcumar+ASS) auf

-> unter 3% (ASS+Ticlopidine), STARS, FANTASTIC)

+Hochdruckimplantation 10-25 bar+Oversizing (IVUS)

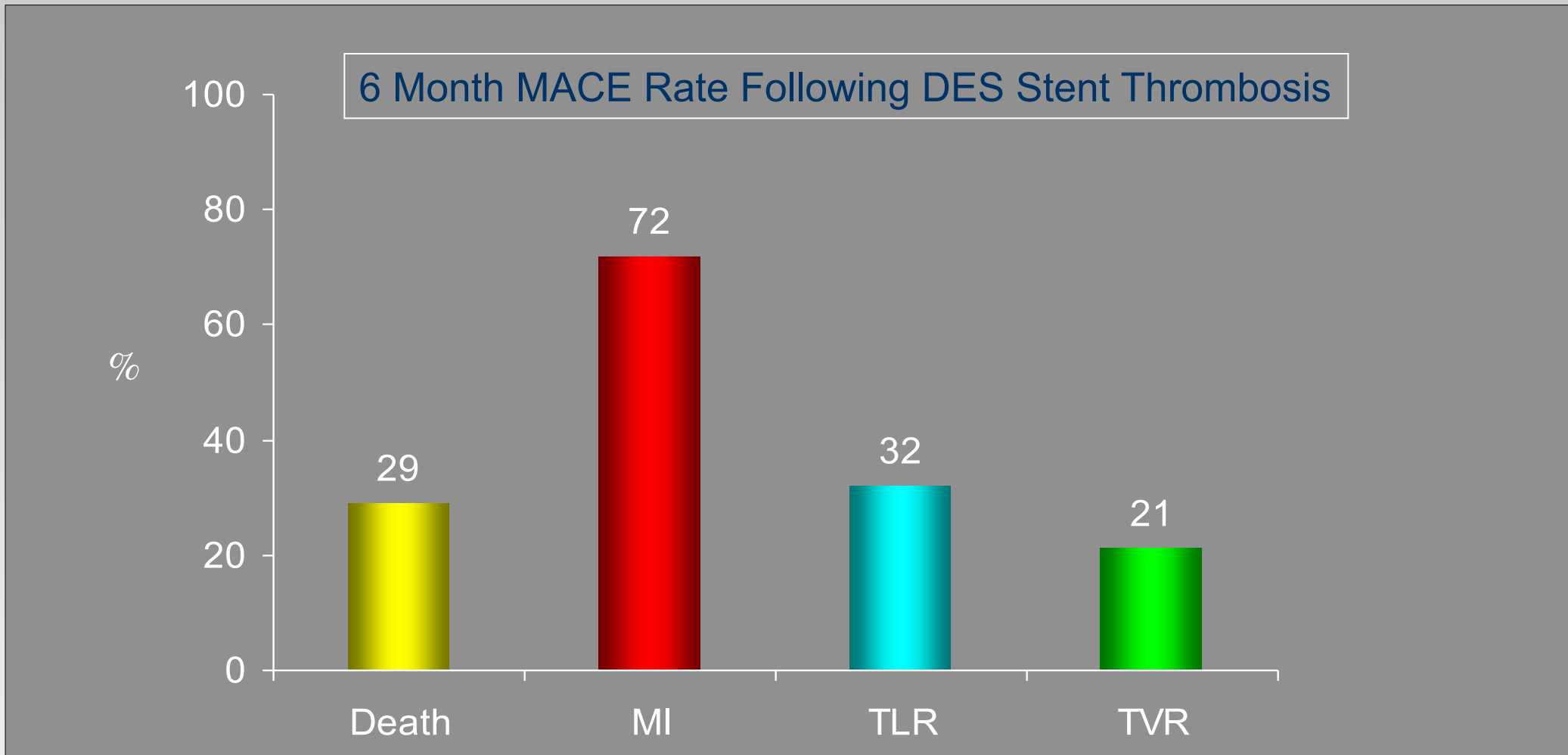
Nachteil: Restenoserate von 15-30% !!



Stent Thrombosis Outcome

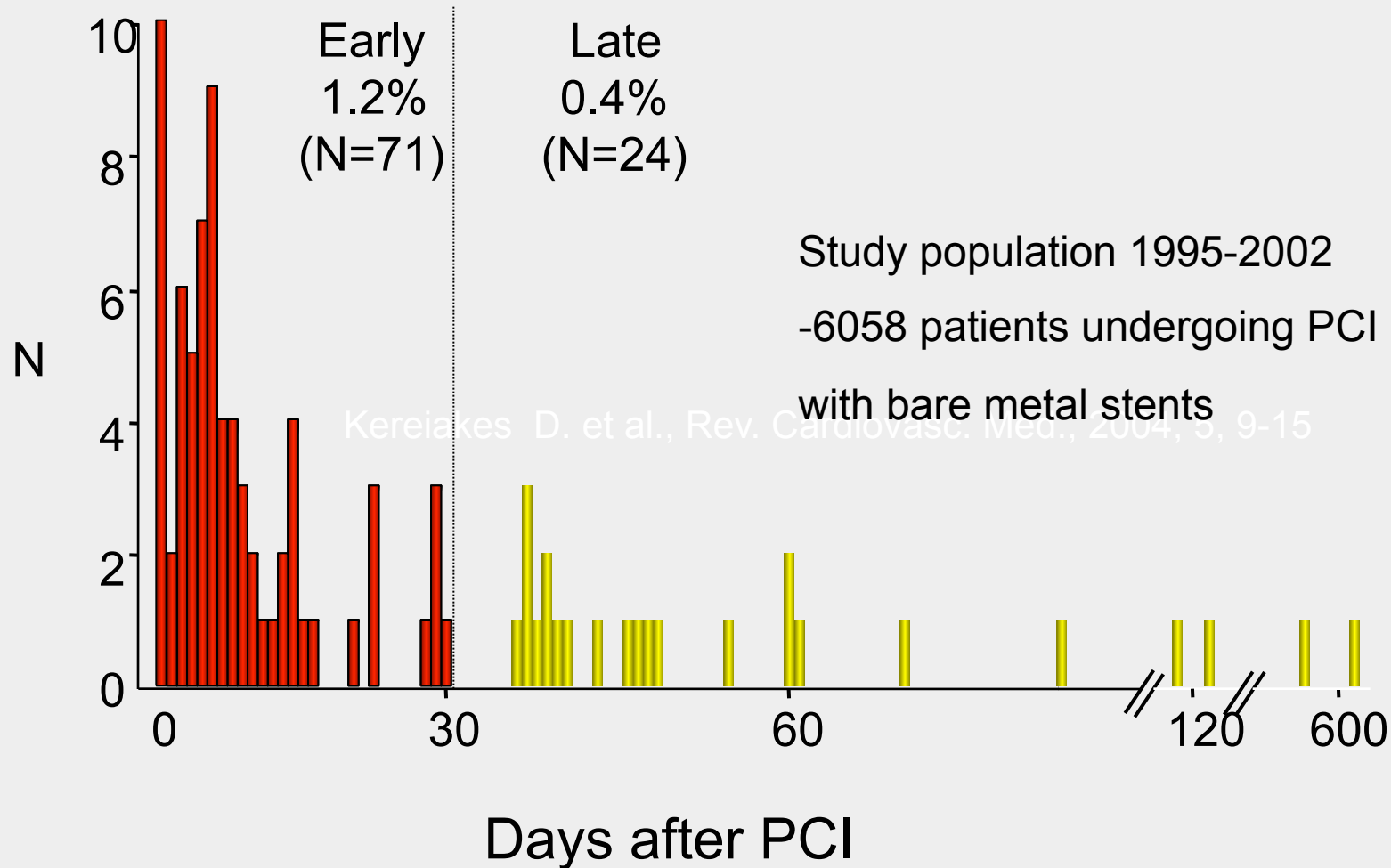
Study population (April 2003–November 2004): 2974 patients treated with DES

Overall incidence of ST: 38/2974 patients (1.3%)



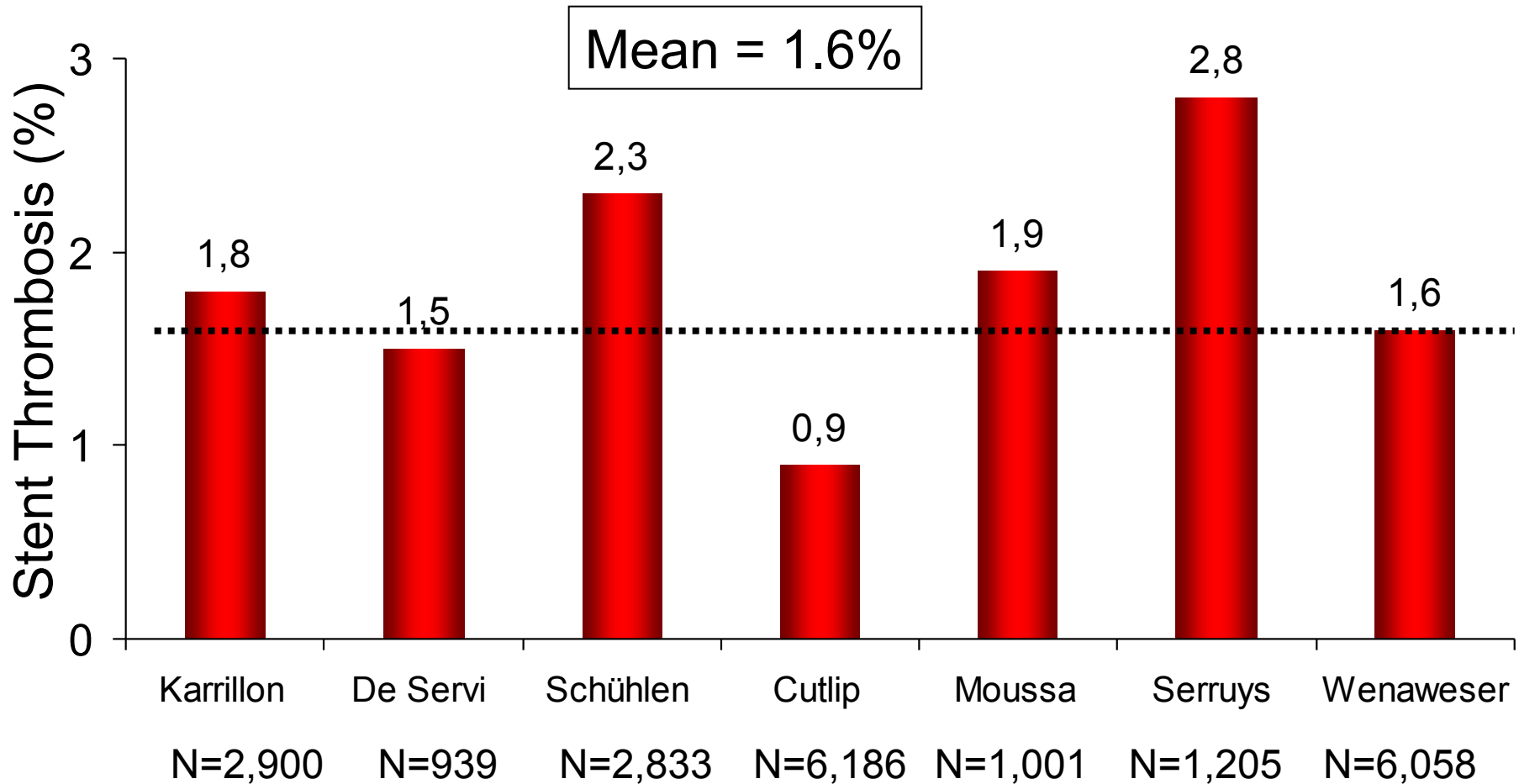


Stent Thrombosis Bare Metal Stents





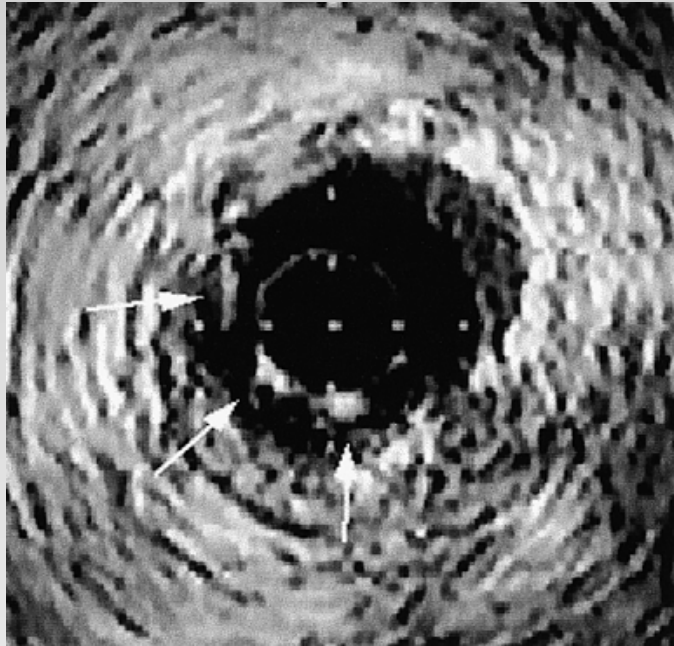
Akute/Subakute Stentthrombose BMS (30 Tage)





Predictors and Outcomes of Stent Thrombosis (POST)

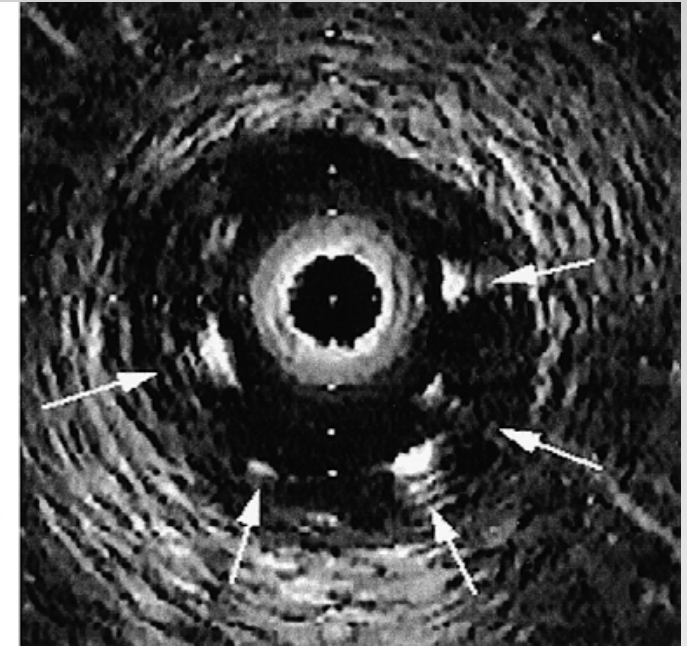
Malapposition



Mild



Moderate



Severe



Predictors and Outcomes of Stent Thrombosis (POST)

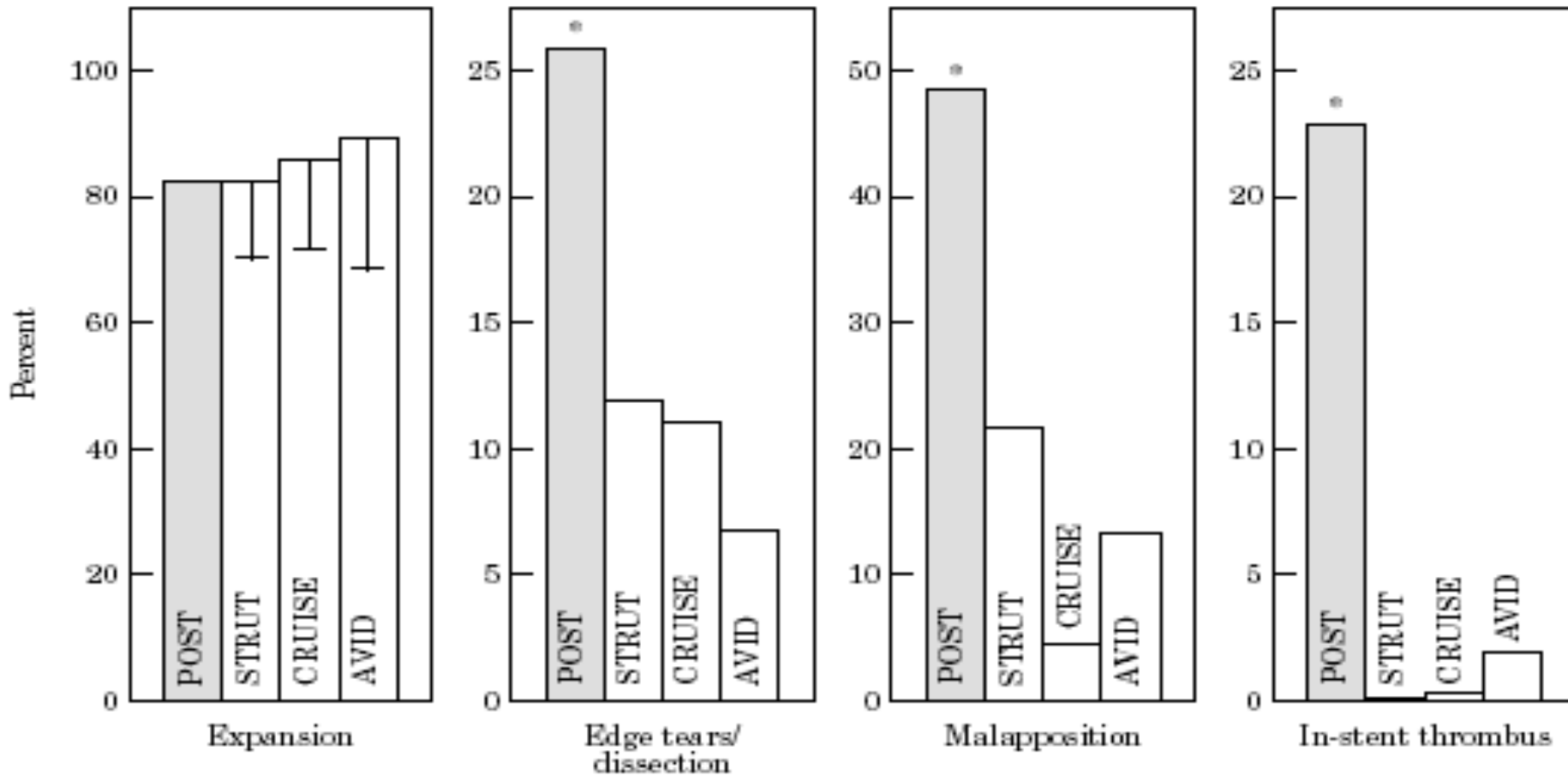


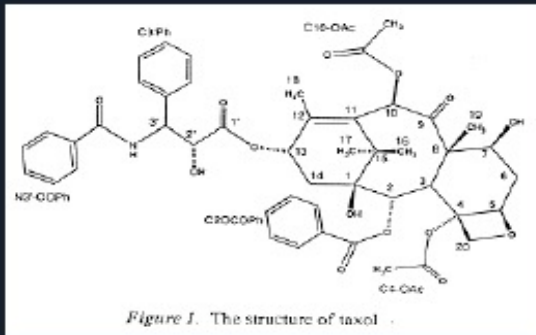
Figure 4 A direct comparison of POST with existing ultrasound-guided stent deployment registries (STRUT) and ultrasound-guided stent deployment studies (CRUISE, AVID) with respect to percent stent expansion, edge tear/dissection, malapposition, and thrombus (* $P < 0.05$ vs STRUT, CRUISE, and AVID).



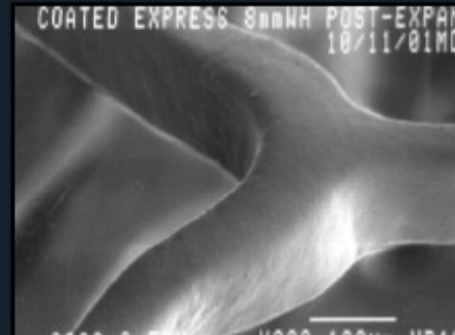
Drug-eluting stents (DES)

1. Generation, Aufbau

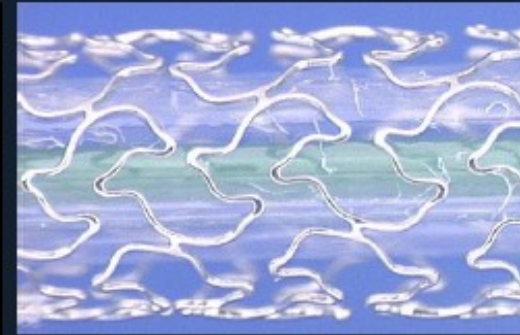
TAXUS



Paclitaxel
Drug

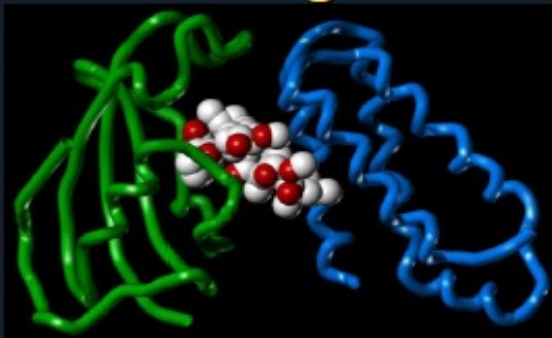


Polyolefin derivative
Polymer

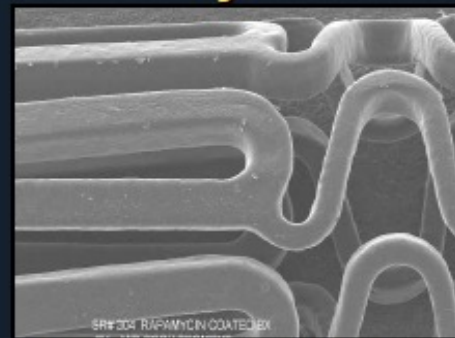


Liberté
Stent

Cypher



Sirolimus



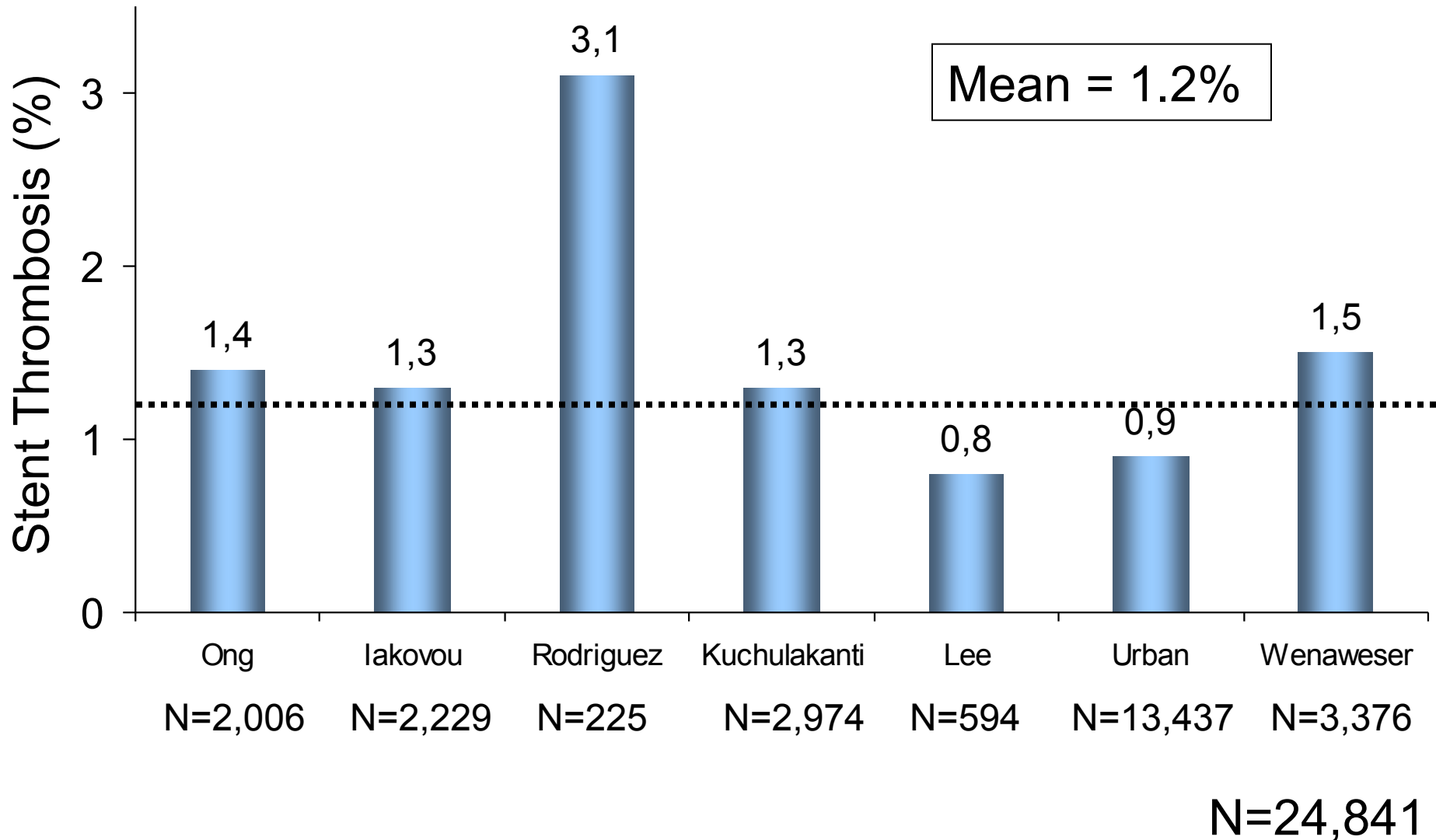
PEVA + PBMA blend



BX Velocity



Akute/Subakute Stentthrombose DES (30 Tage)





Stentthrombose



Frühe \leq 1 Mo

Späte $>$ 1 Mo \leq 1Jahr

Sehr späte $>$ 1Jahr

Tag 0	bis Tag 1	Akute Stentthrombose
$>$ Tag 1	bis 1 Monat	Subakute Stentthrombose (SAT)
$>$ 1 Monat	to 1 Jahr	Späte Stentthrombose (LST)
(VLST)	$>$ 1 year	Sehr späte Stentthrombose (VLST)

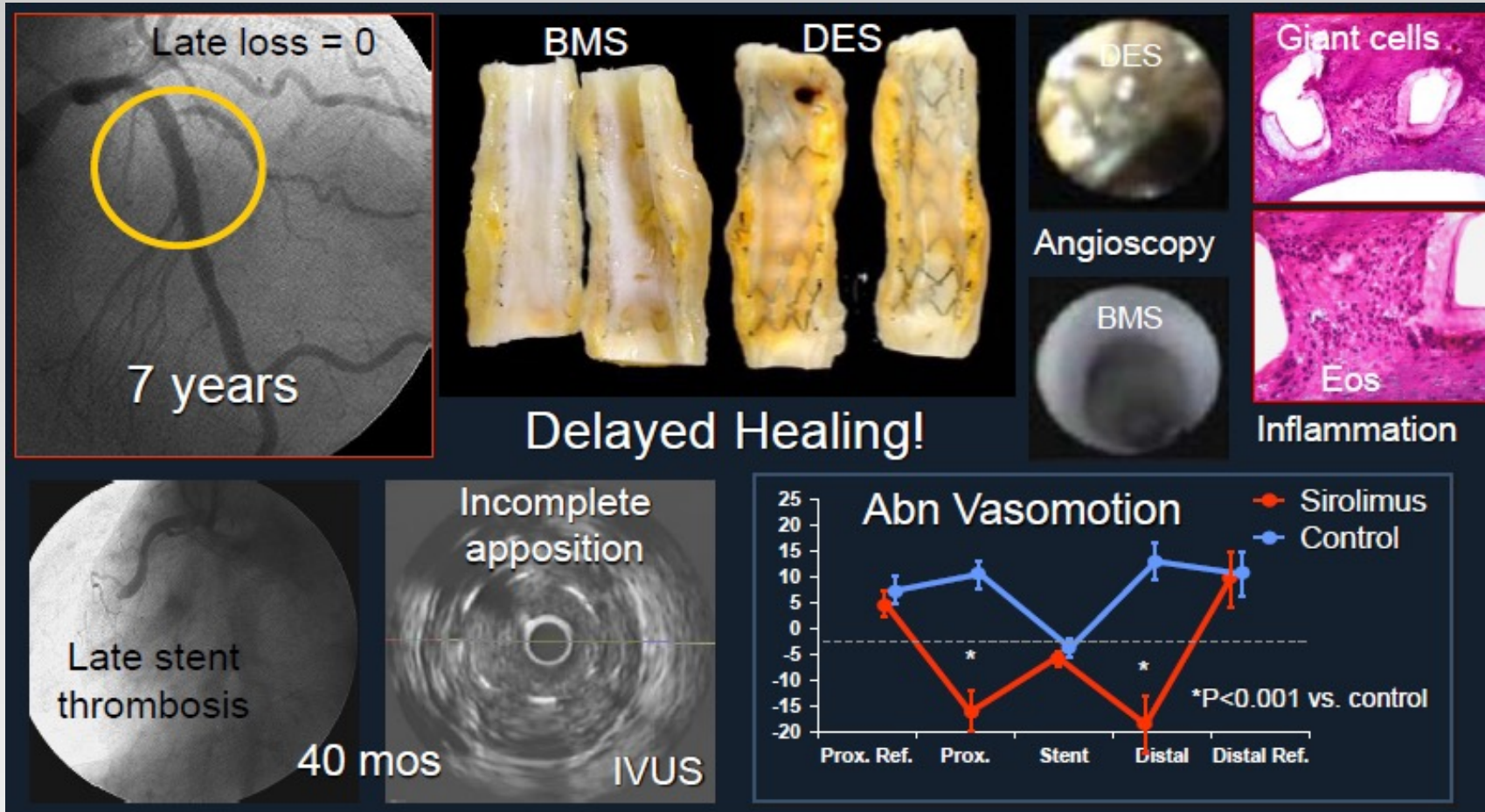
Empfehlung -> DAPT 12 Monate



Drug-eluting stents (DES)

1. Generation, Limitationen

Durch verzögerte Endotelialisierung Auftreten später Stentthrombosen !!



-> duale Plättchenhemmung (ASS+Clopidogrel) für 6-12 Monate



Stentthrombose

Limitationen

- Herzchirurgischer Standpunkt

Was ist das für eine Behandlung, die das Überleben des Patienten von der täglichen korrekten Einnahme von zwei Tabletten über ein Jahr abhängig macht ??



Drug-eluting stents (DES)

Verhinderung der Stentthrombose

Stent factors

- Surface
- Drugs
- Polymer

Blood factors

- Coagulation activity
- Platelet inhibition

Procedural factors

- Dissection
- Incomplete stent apposition

STENT THROMBOSIS

Antithrombotic and anticoagulation therapy

Lesion factors

- Vessel size/length
- Thrombus
- Plaque characteristics
- Bifurcation

Patient factors

- Drug response/interactions
- Gene polymorphism
- LV function
- ACS
- Renal failure
- Diabetes

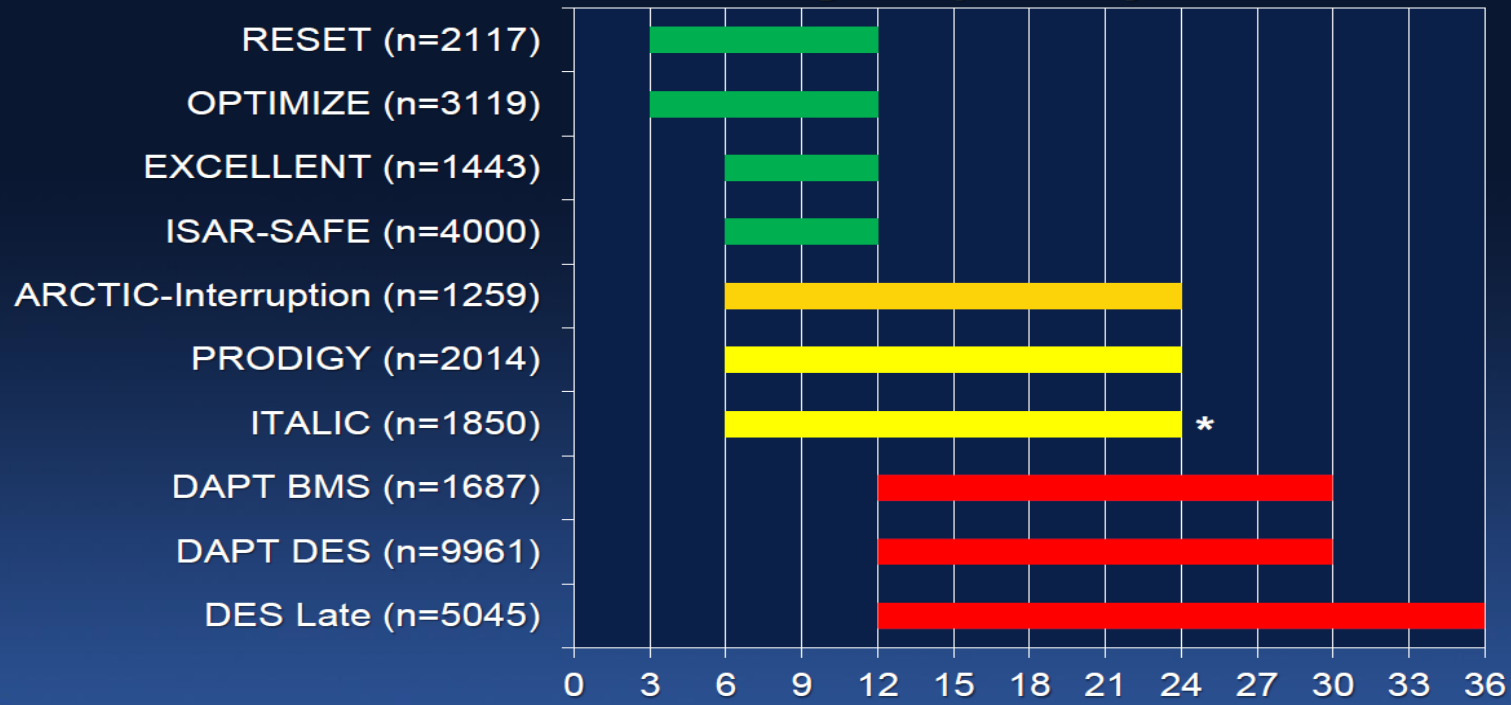


Duale Plättchenhemmung-wie lange ?

Meta-Analyse 10 RCTs (31.666 Pat.)

Trials of DAPT Duration after Stenting

Timing of aspirin only vs. DAPT

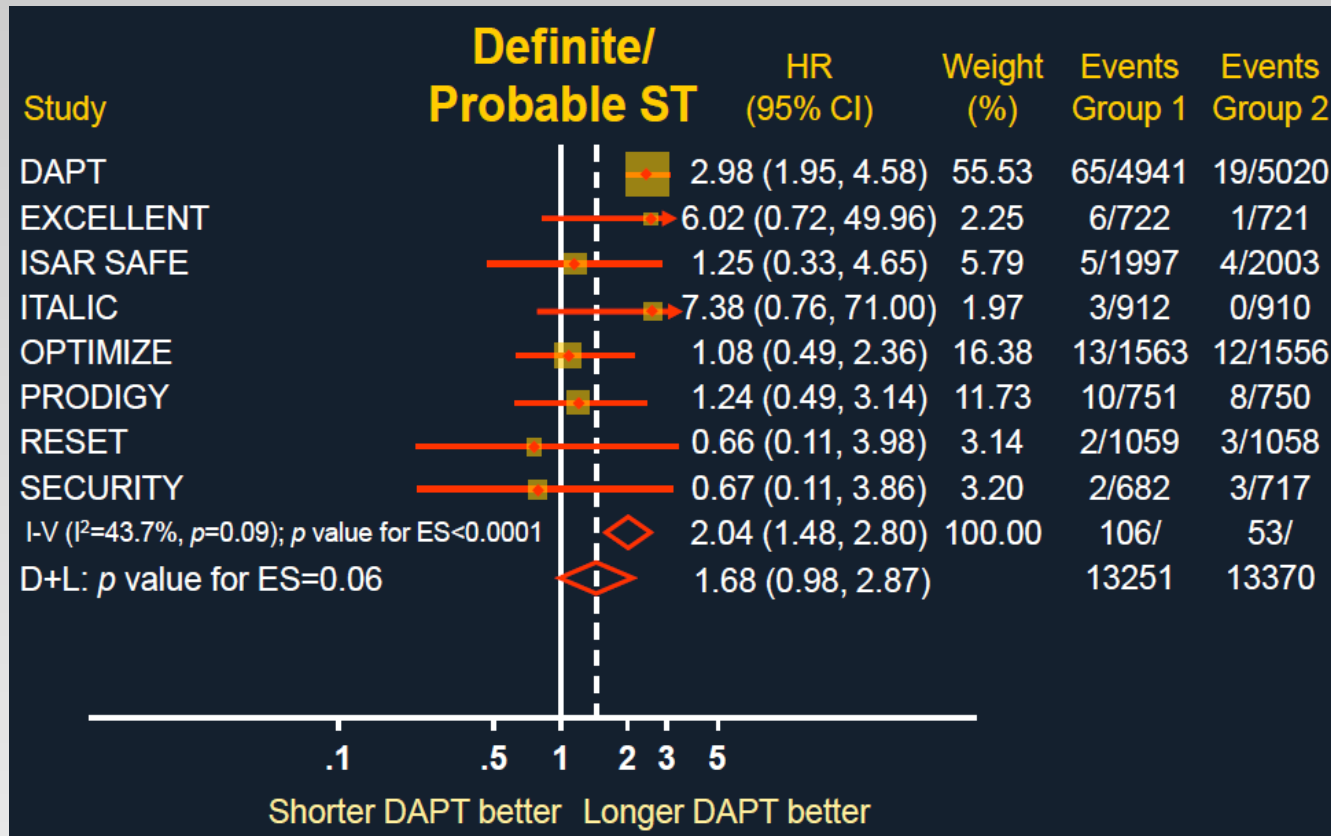


32,495 randomized patients!



Duale Plättchenhemmung-wie lange ?

Meta-Analyse 10 RCTs (31.666 Pat.)

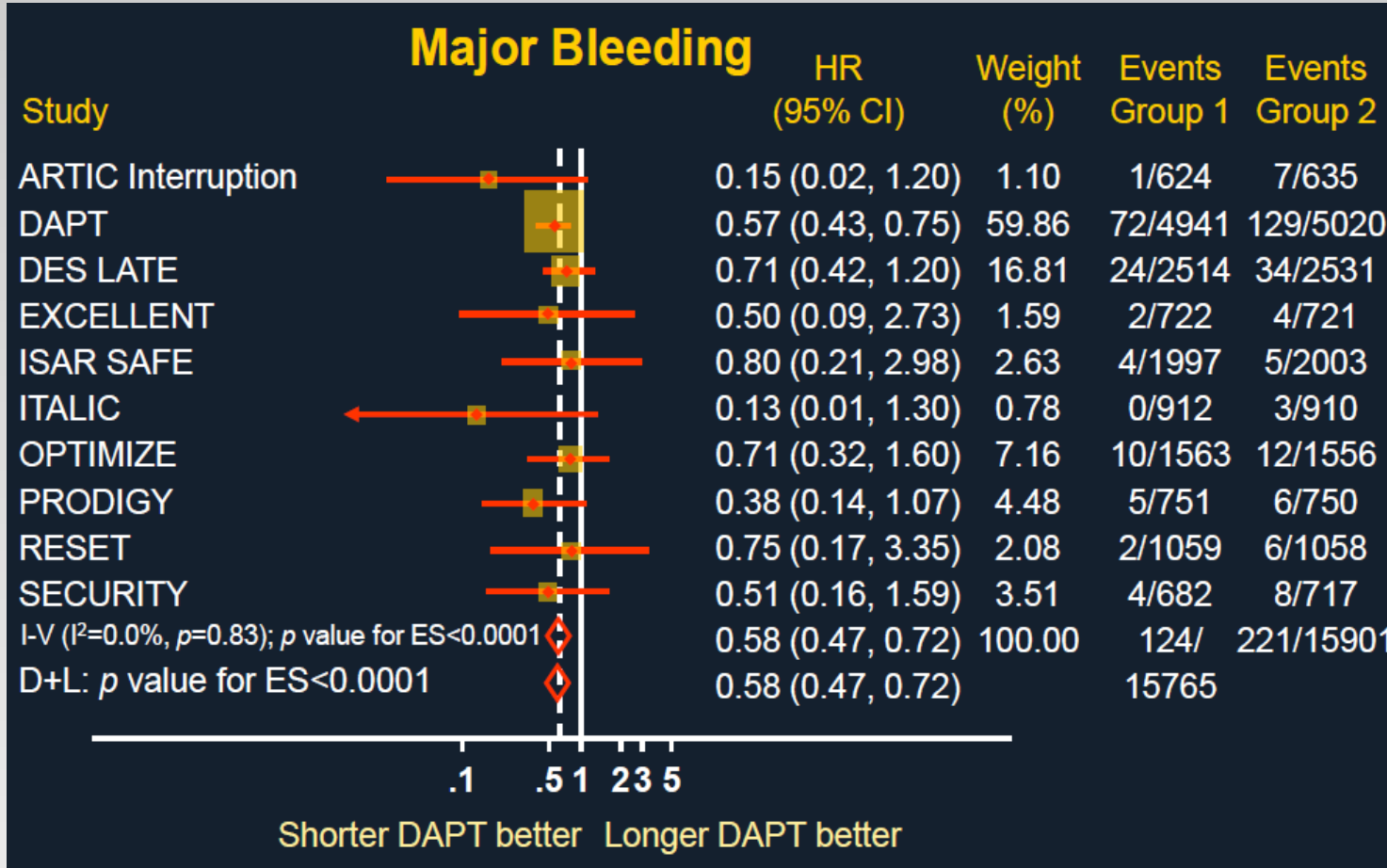


41% ↓
stent
thrombosis
with
prolonged
DAPT
($p=0.06$)



Duale Plättchenhemmung-wie lange ?

Meta-Analyse 10 RCTs (31.666 Pat.)

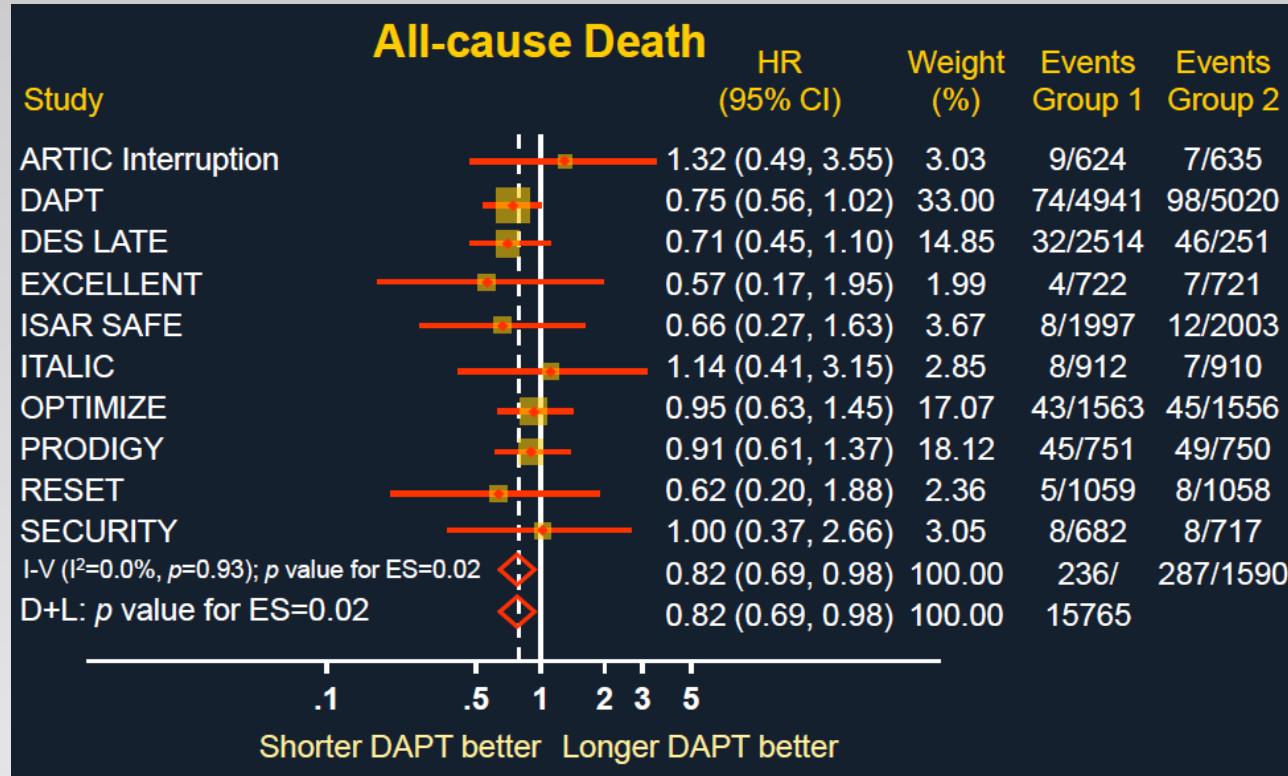


72% ↑
bleeding
with
prolonged
DAPT
($p < 0.0001$)



Duale Plättchenhemmung-wie lange ?

Meta-Analyse 10 RCTs (31.666 Pat.)

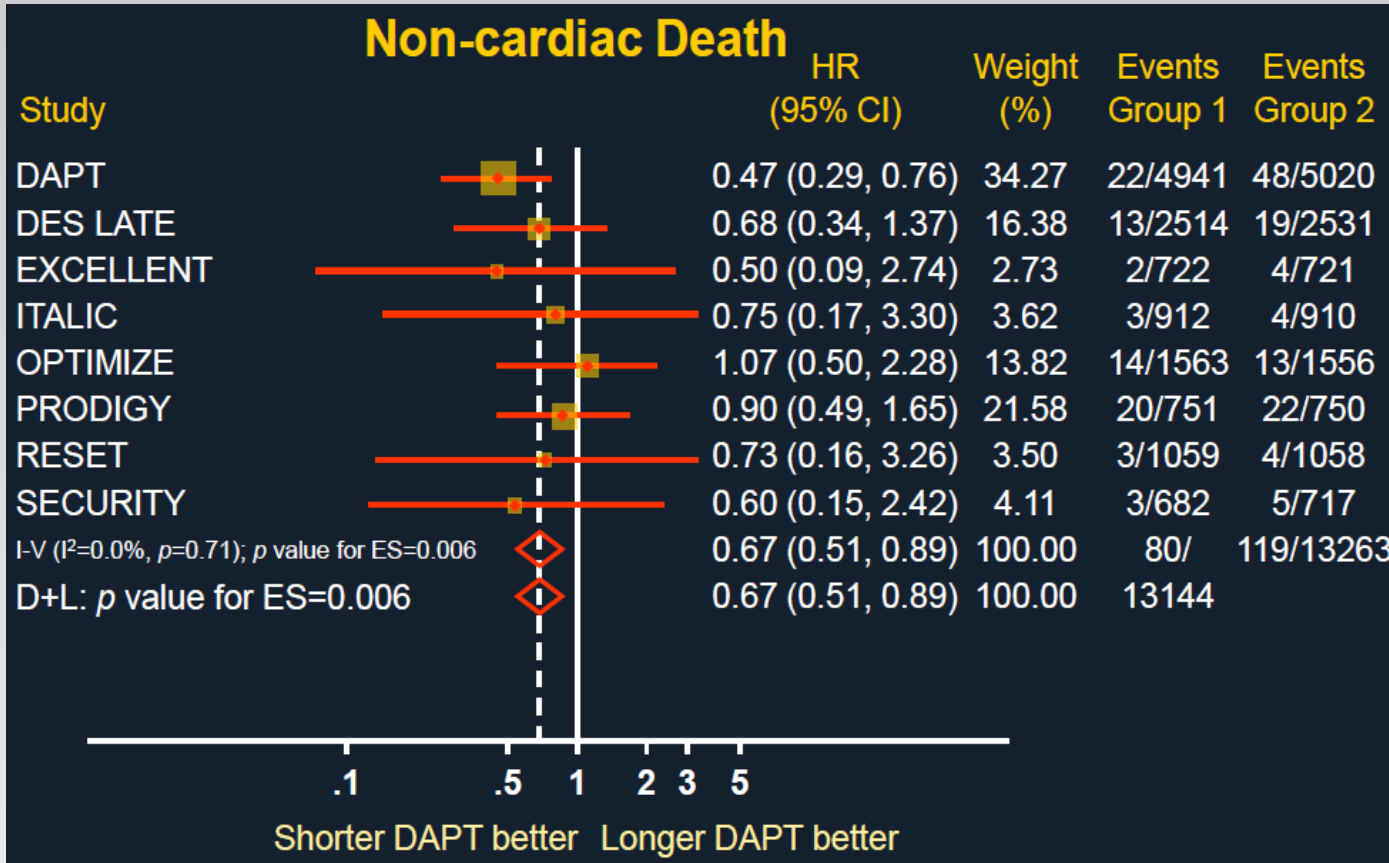


22% ↑
mortality
with
prolonged
DAPT
($p=0.02$)



Duale Plättchenhemmung-wie lange ?

Meta-Analyse 10 RCTs (31.666 Pat.)



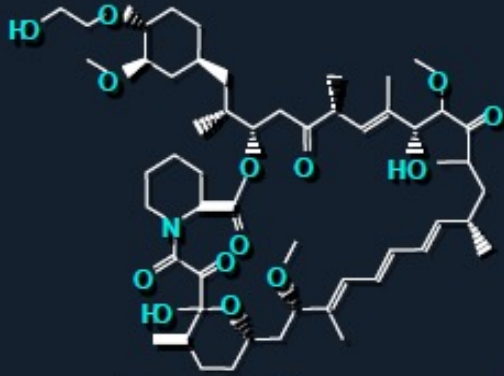
49% ↑
Non-cardiac mortality with prolonged DAPT (p=0.006)



Drug-eluting stents (DES)

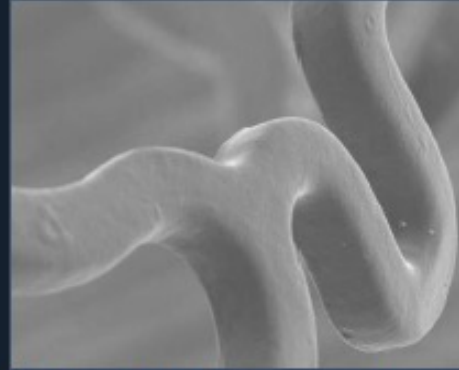
2.Generation, Aufbau

Xiience V



Everolimus

Drug



VDF + HFP copolymer

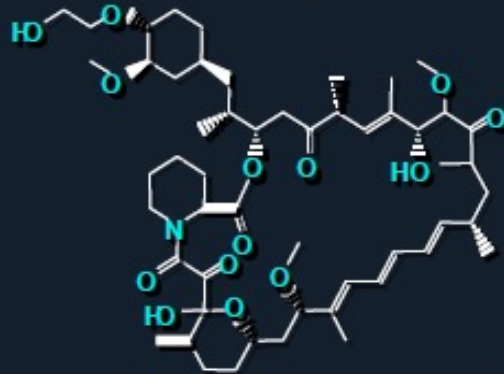
Polymer



Vision

Stent

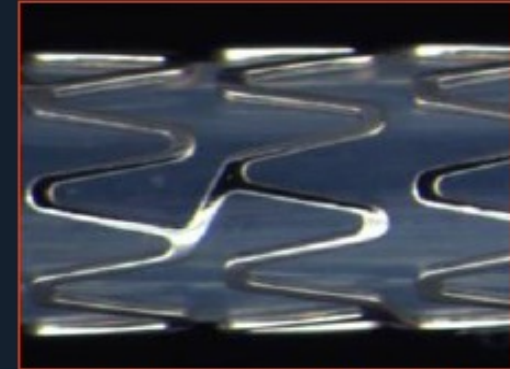
**Promus
Element**



Everolimus



VDF + HFP copolymer



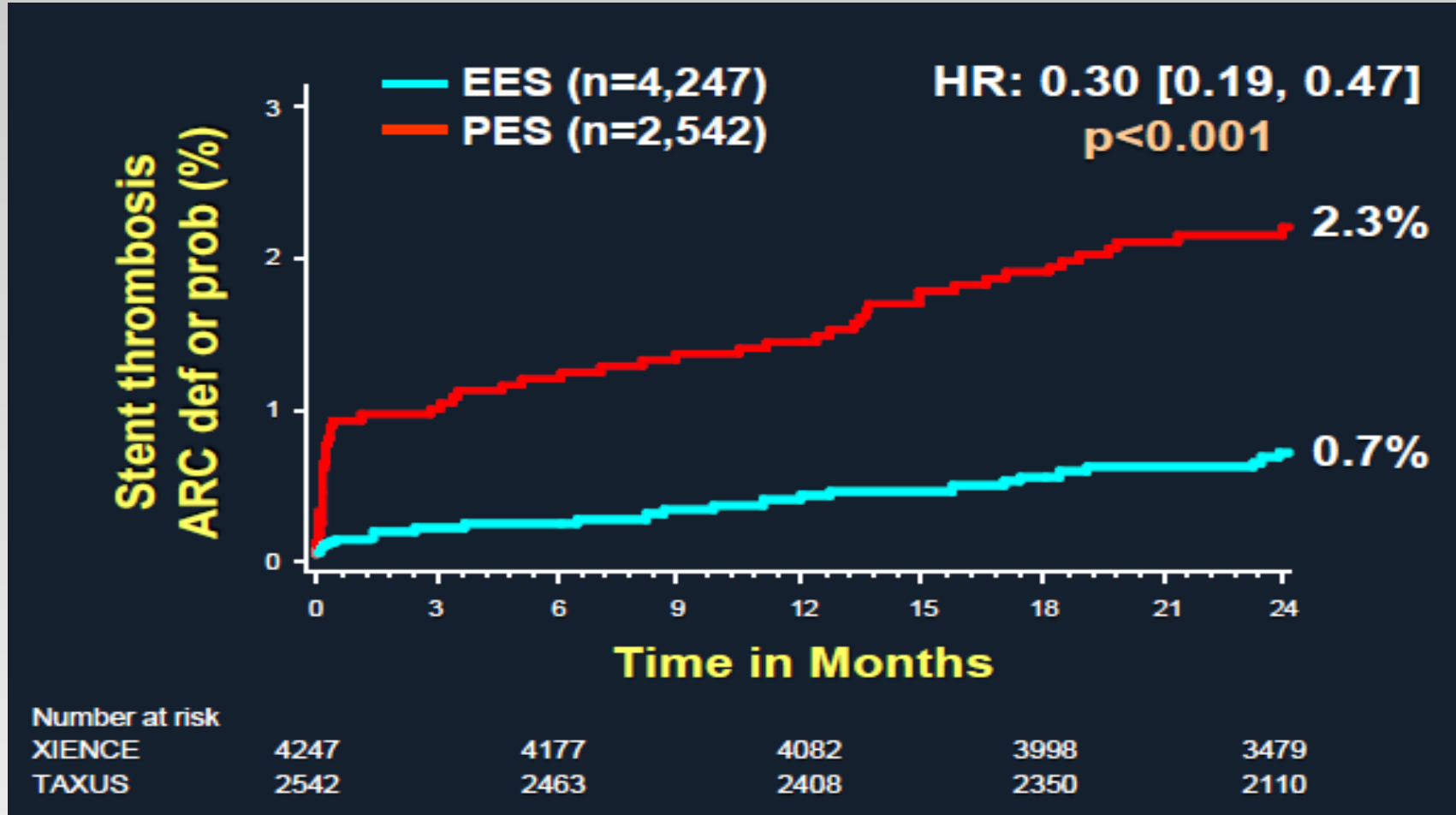
Element (Ion)



Drug-eluting stents (DES)

1. Gen vs. 2.Gen. Stents

SPIRIT II-IV, COMPARE, Stentthromboserate

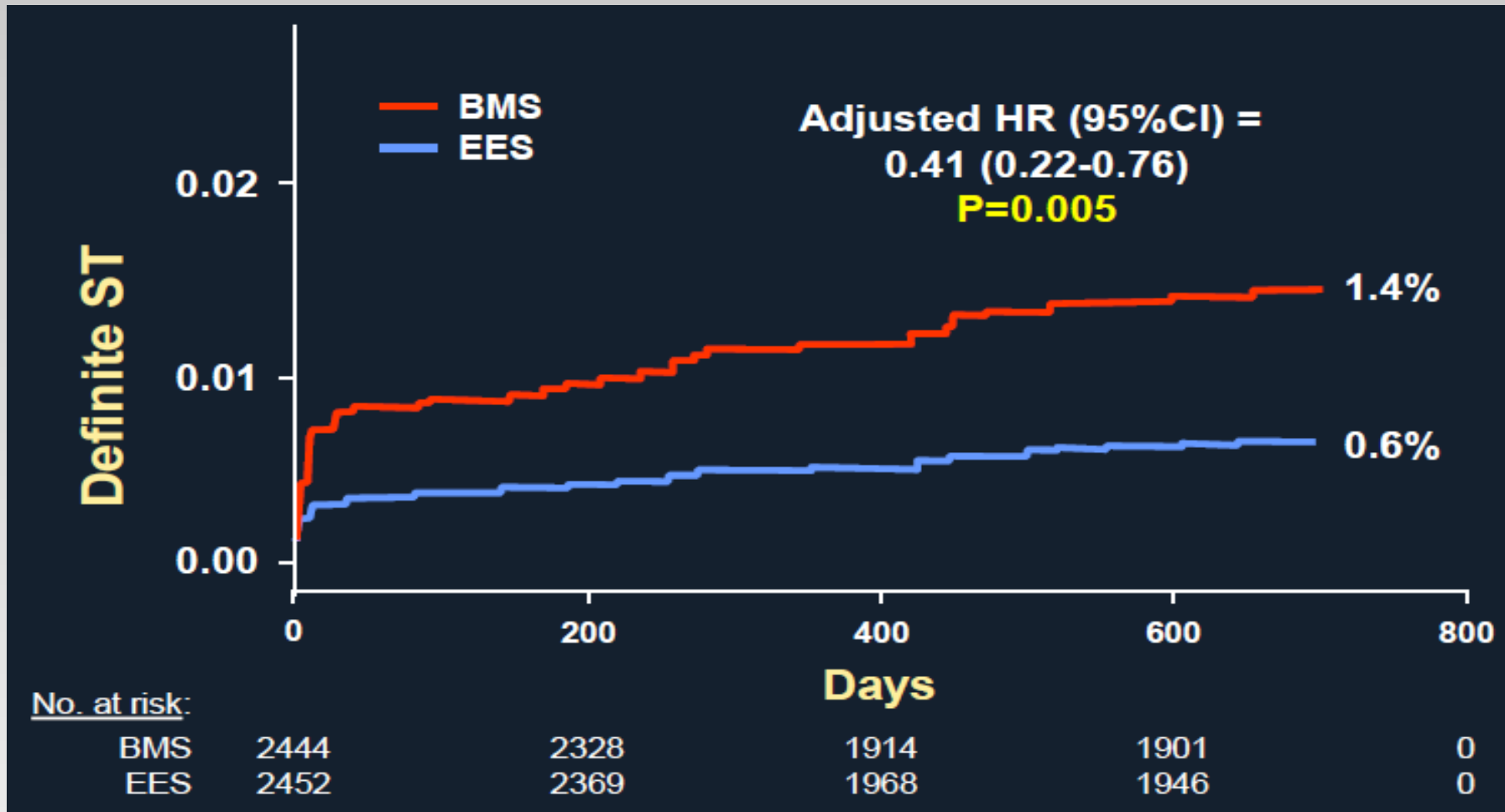




Drug-eluting stents (DES)

EES vs. BMS

Stentthromboserate





Drug-Eluting Stents (DES)

Weitere Verbesserung der Materialtechnik ?



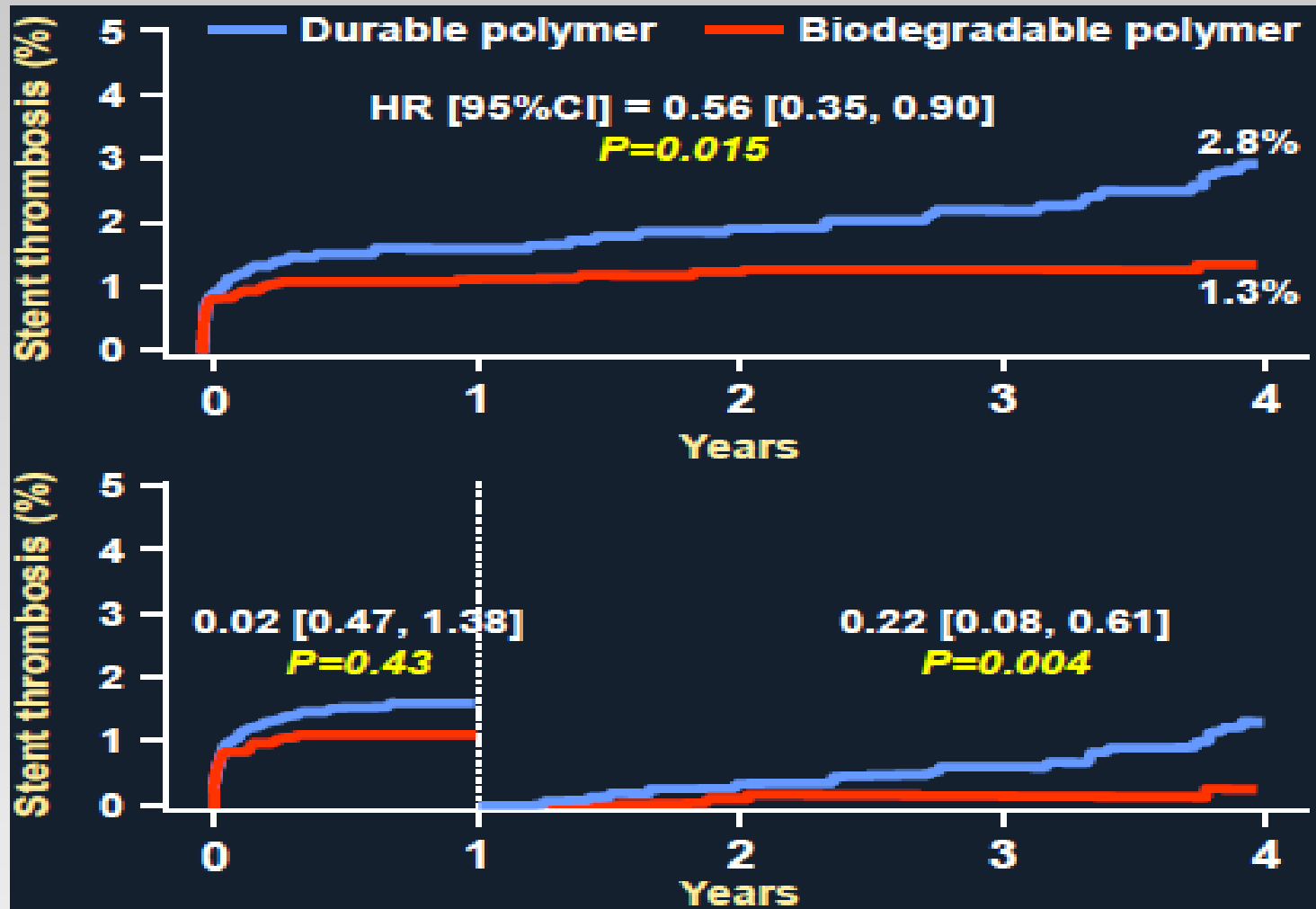
- Metallische DES mit resorbierbarem Polymer
- Polymerfreie metallische DES
- Komplette resorbierbare Stent (Scaffolds, BVS)



Drug-Eluting Stents (DES)

Resorbierbares Polymer (4 RCTs, n=4066)

Meta-Analyse Biolimus A9 vs. Sirolimus (Cypher)





Polymerfreie DES (Biofreedom)

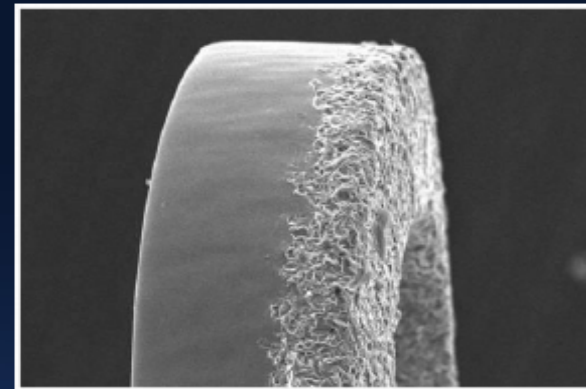
BioFreedom Stent (Biosensors)

Hypothesis: Polymer-free drug release via porous-eluting stents may reduce late events caused by polymer stent coatings.

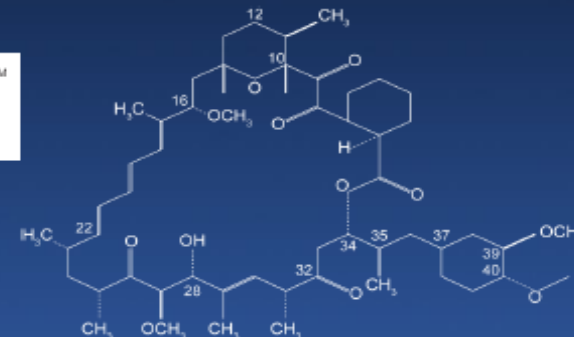
Selectively micro-structured surface holds drug in abluminal surface structures

Potential advantages

- Avoid long term late adverse effects that might be attributable to the polymer
- Improved surface integrity since there is no polymer to be sheared or peeled away from the stent struts
- Possible shorter need of dual antiplatelet therapy



Biolimus A9 - lipophilic





Polymerfreie DES (Biofreedom)



LEADERS FREE Trial Design

Prospective, double-blind randomized (1:1) trial
2466 High bleeding risk (HBR) PCI patients

BioFreedom™
DCS

VS.

Gazelle™
BMS

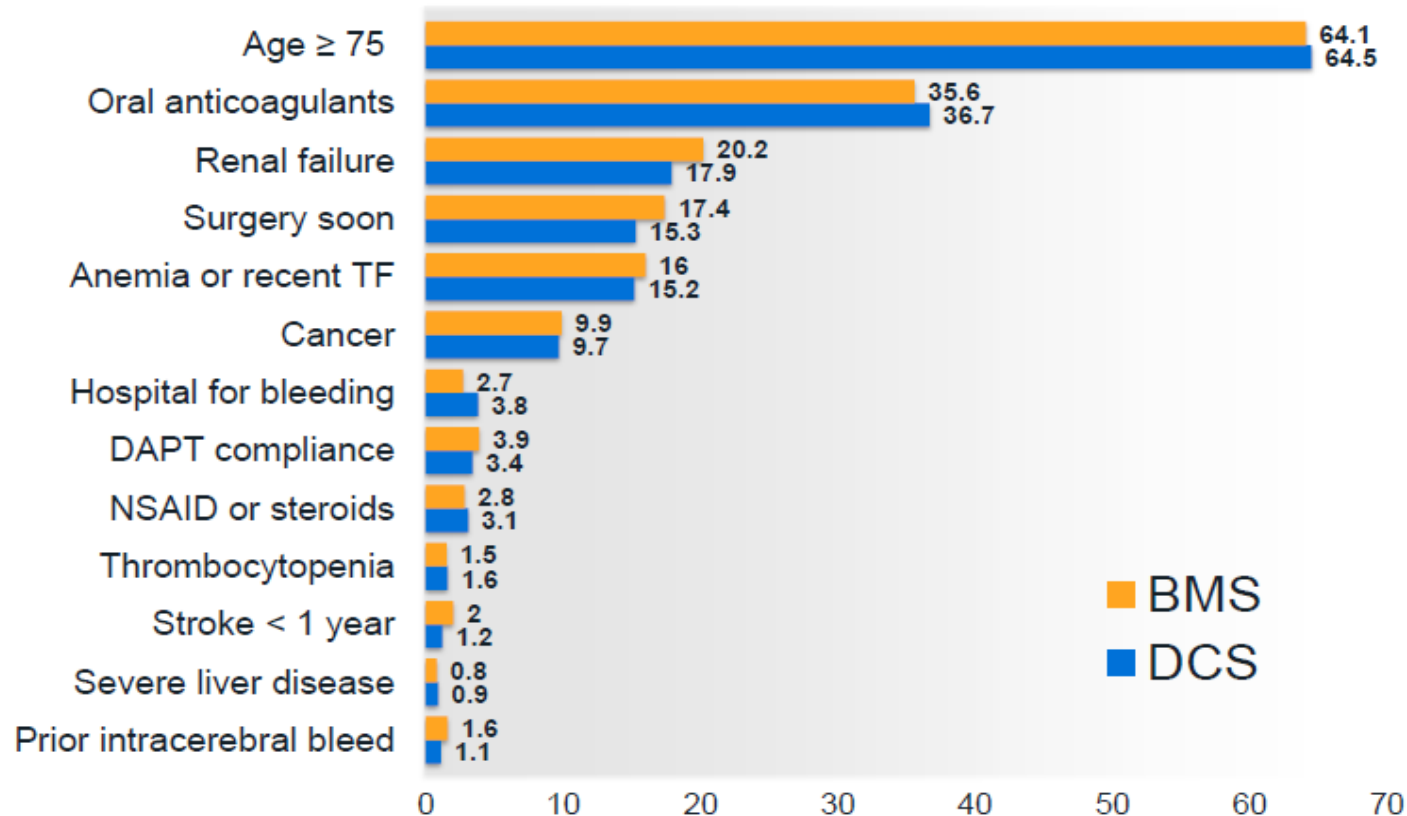
DAPT mandated for 1 month only, followed by long-term SAPT

- **Primary safety endpoint:**
Composite of cardiac death, MI, definite / probable stent thrombosis at 1 year (non-inferiority then superiority)
- **Primary efficacy endpoint:**
Clinically-driven TLR at 1 year (superiority)



Polymerfreie DES (Biofreedom)

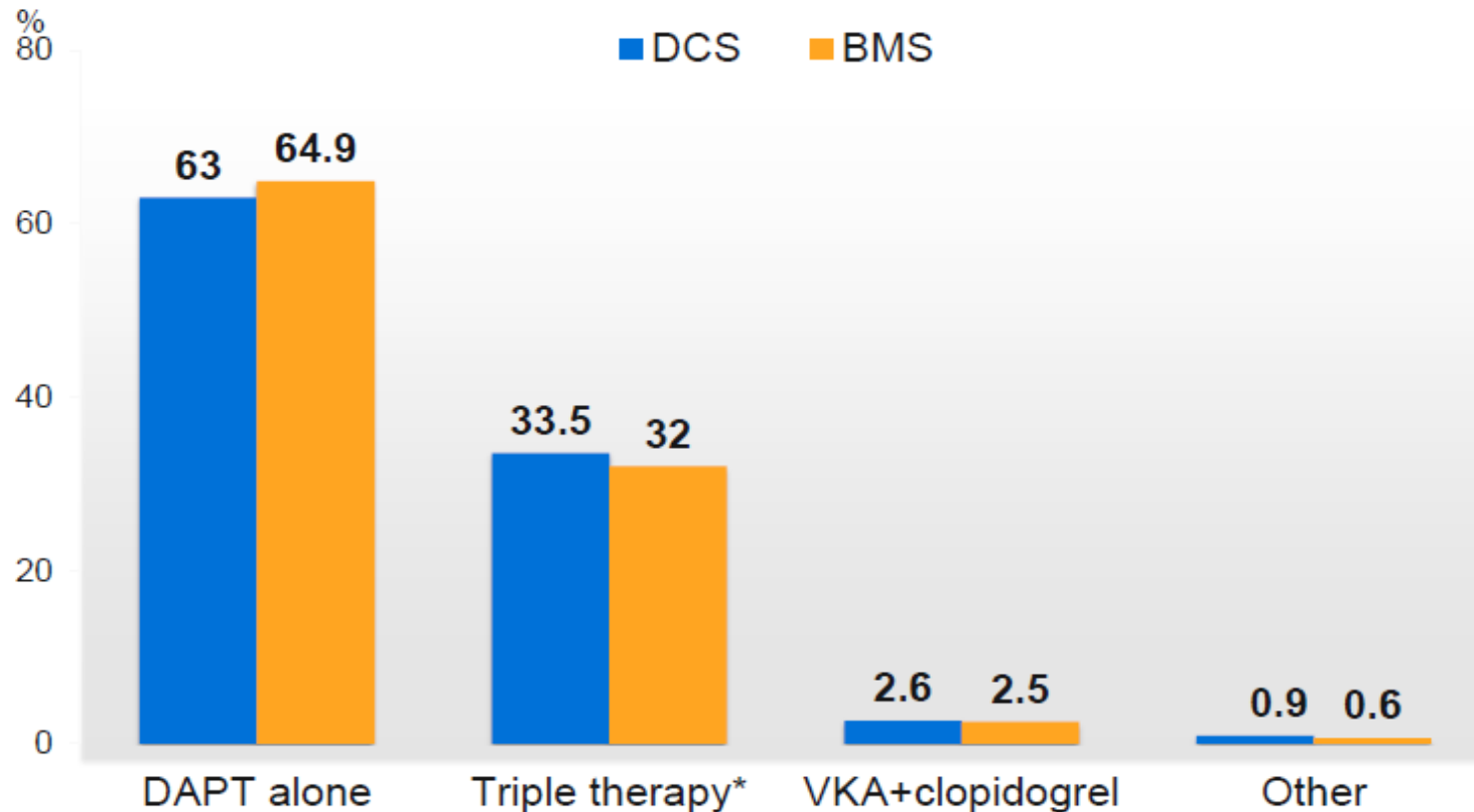
Inclusion Criteria Applied (1.7 criteria / patient)





Polymerfreie DES (Biofreedom)

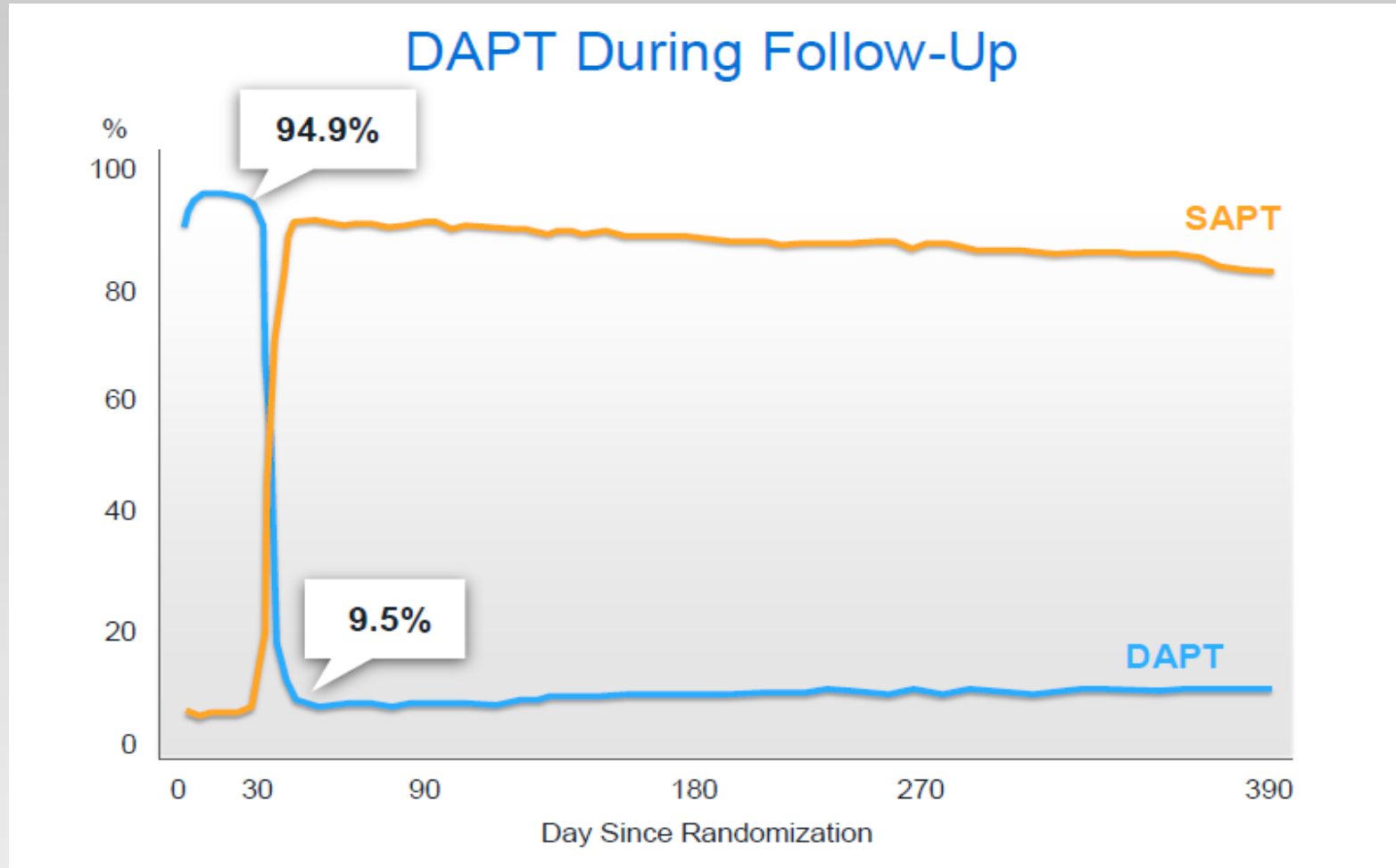
Antithrombotic Medication at Discharge



None of the regimens differ at $p < 0.05$



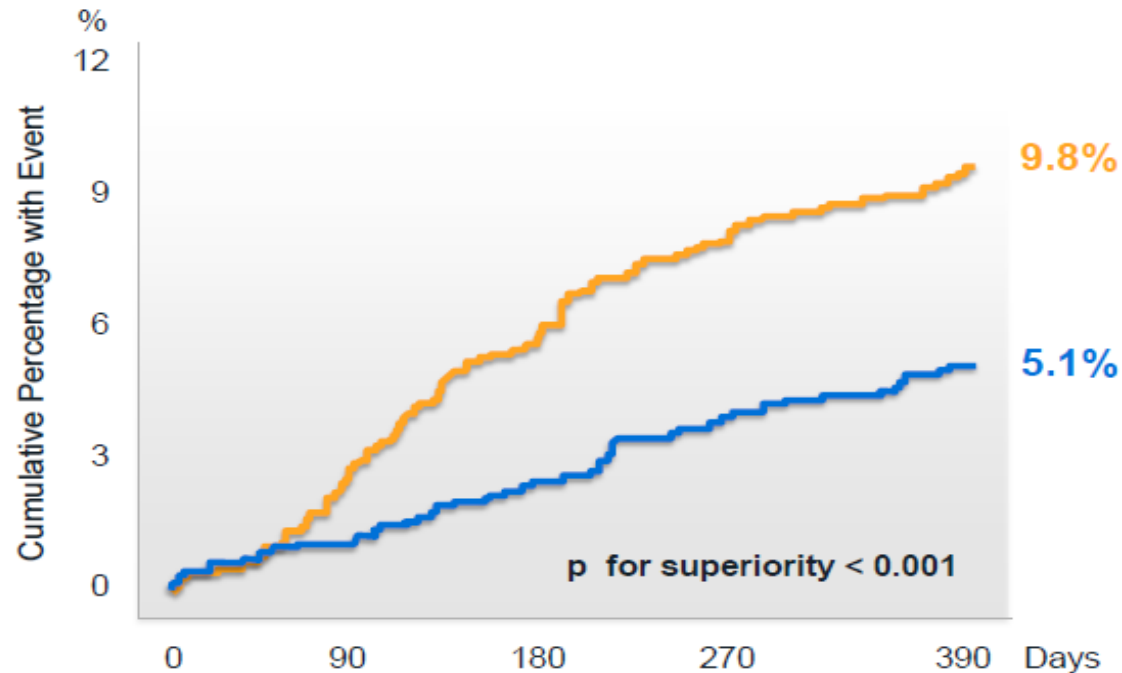
Polymerfreie DES (Biofreedom)





Polymerfreie DES (Biofreedom)

Primary Efficacy Endpoint (Clinically-Driven TLR)



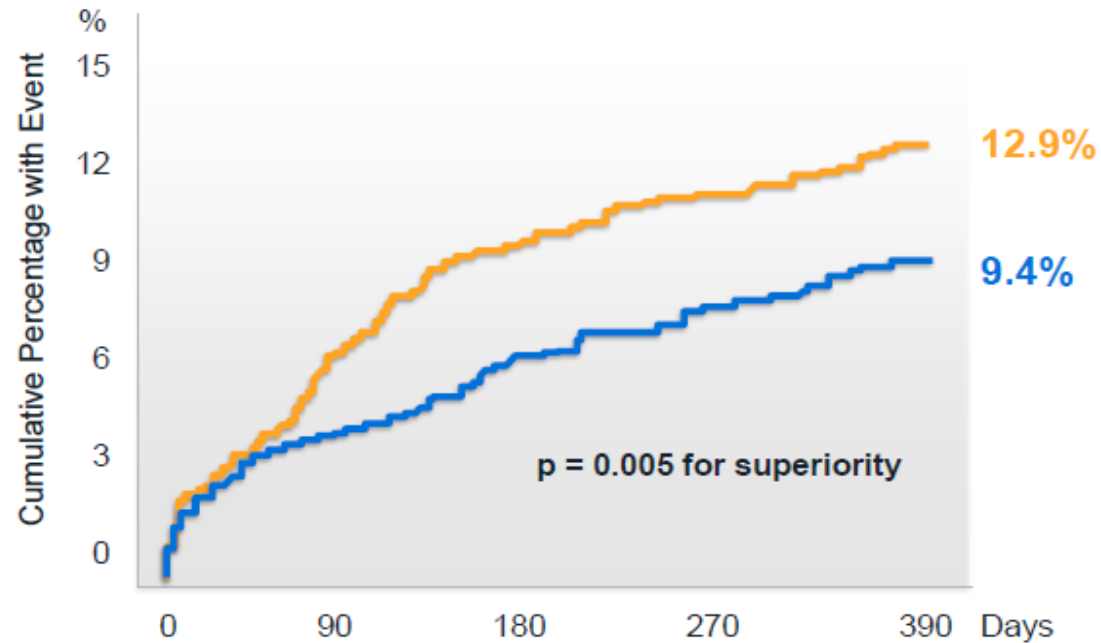
Number at Risk

	0	90	180	270	390
DCS	1221	1167	1130	1098	1053
BMS	1211	1131	1072	1034	984



Polymerfreie DES (Biofreedom)

Primary Safety Endpoint (Cardiac Death, MI, ST)



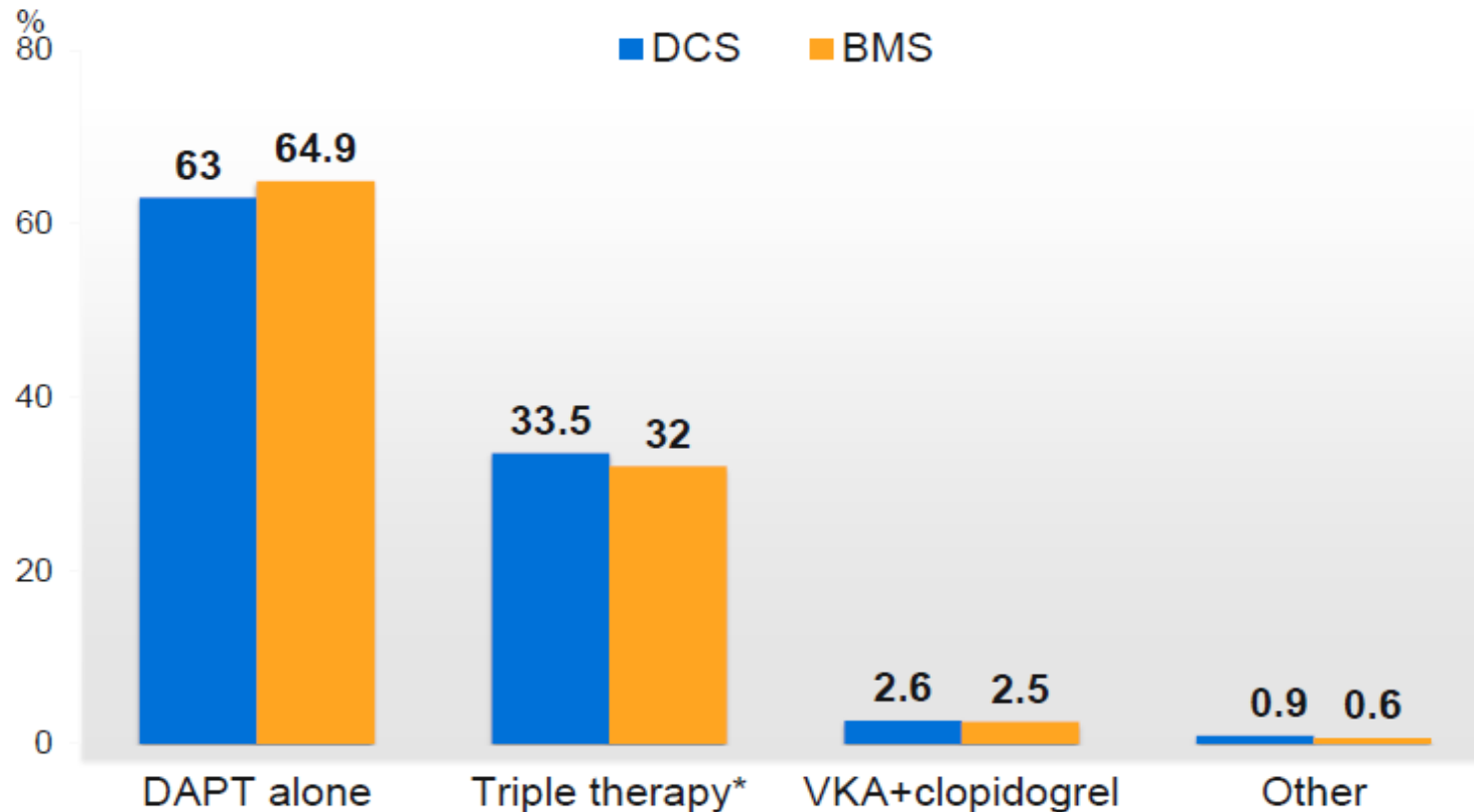
Number at Risk

	0	90	180	270	390
DCS	1221	1146	1105	1081	1045
BMS	1211	1115	1066	1037	1000



Polymerfreie DES (Biofreedom)

Antithrombotic Medication at Discharge

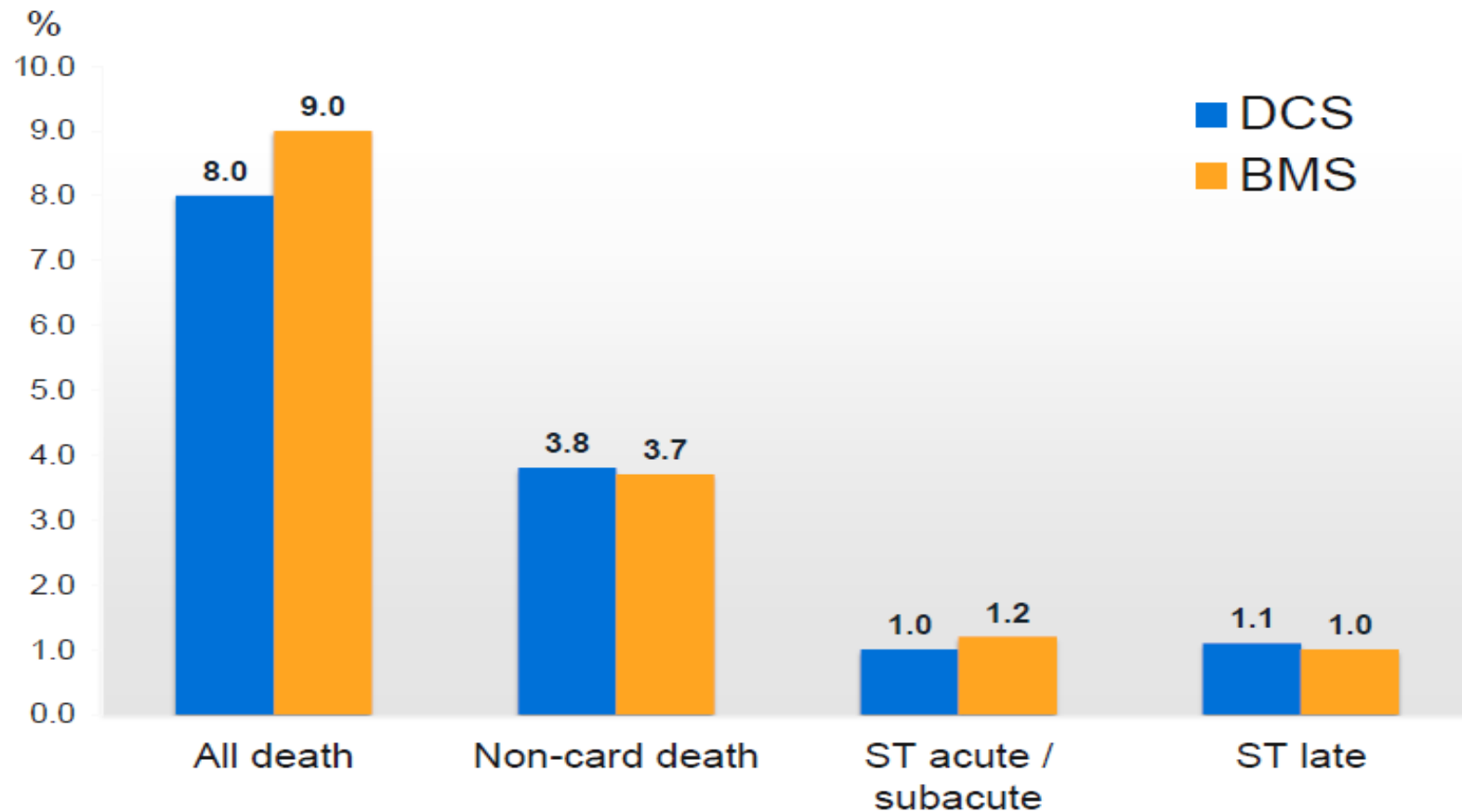


None of the regimens differ at $p < 0.05$



Polymerfreie DES´ (Biofreedom)

Selected Secondary Safety Endpoints





Bioresorbierbare Scaffolds (BVS)

Absorb III, Aufbau



Fully Bioresorbable

Everolimus/PDLLA (1:1) matrix coating

- 7 μm
- Conformal coating
- Controlled drug release similar to Xience CoCr-EES

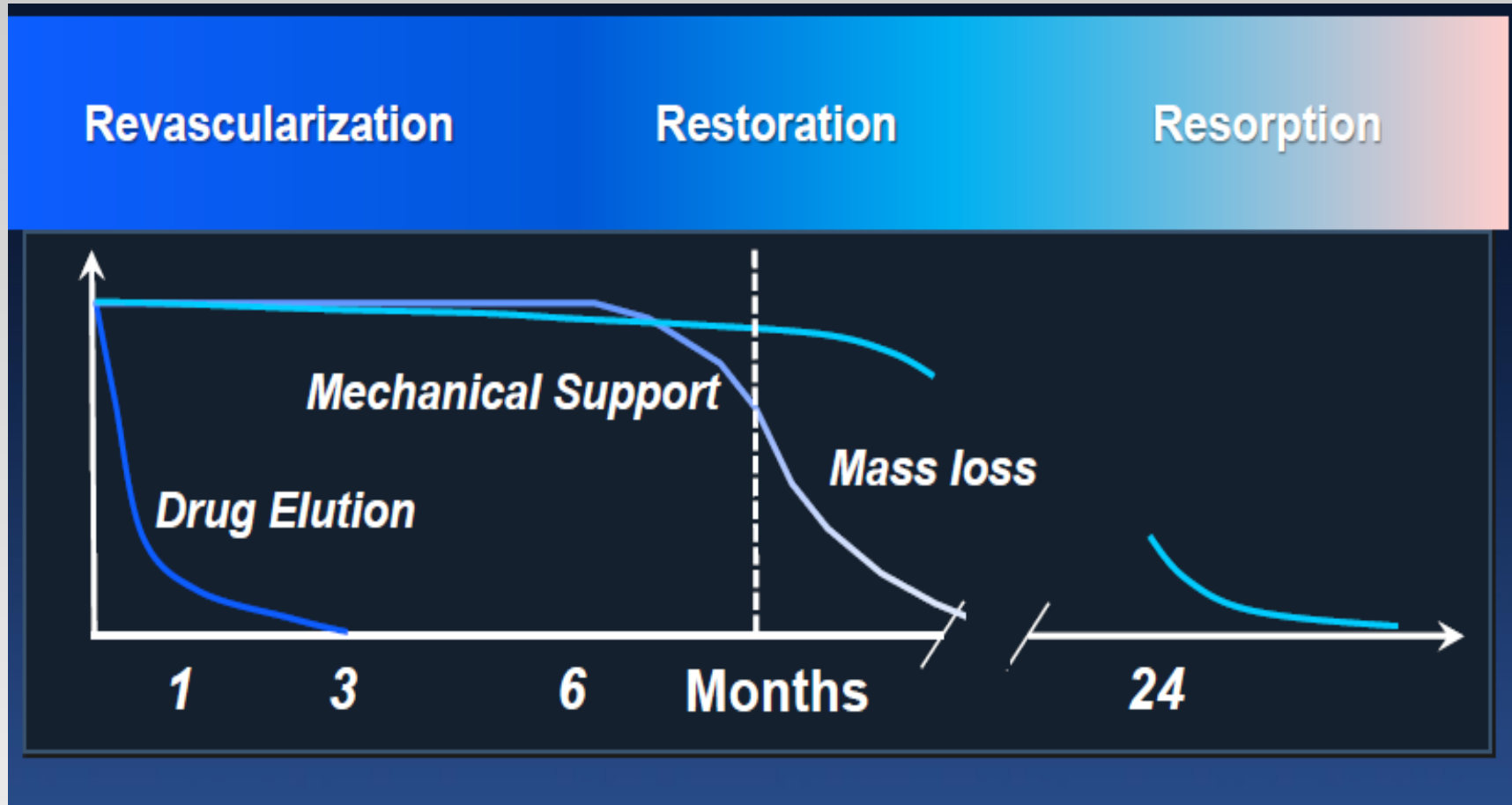
PLLA Backbone

- Semi-crystalline
- Circumferential sinusoidal rings connected by linear links
- Strut thickness 150 μm
- Platinum markers in each end ring



Bioresorbierbare Scaffolds (BVS)

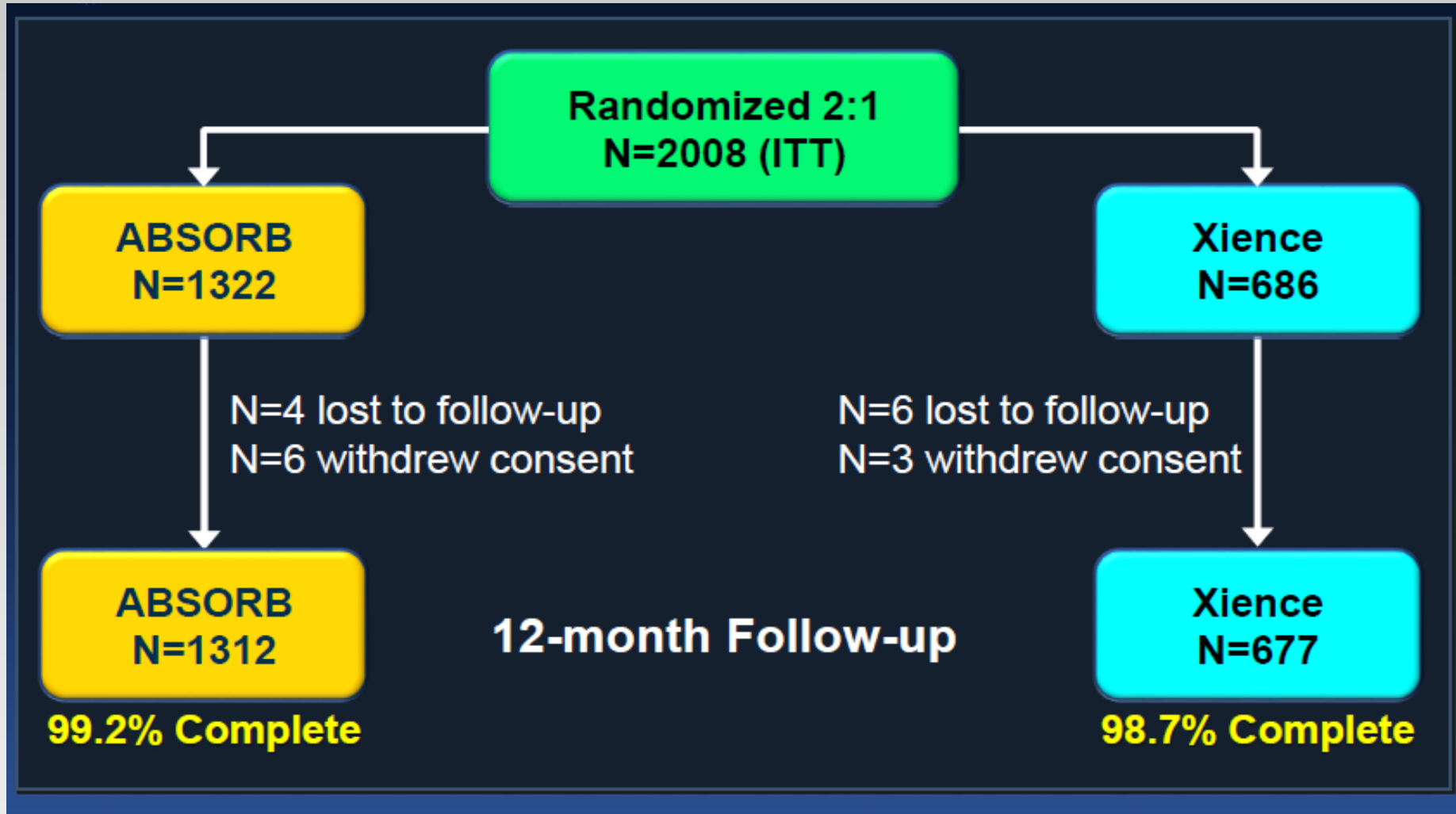
Absorb III, Resorptionskinetik





Bioresorbierbare Scaffolds (BVS)

Absorb III





Bioresorbierbare Scaffolds (BVS)

Absorb III, Stentthrombosen

ABSORB III **Device Thrombosis to 1 Year**

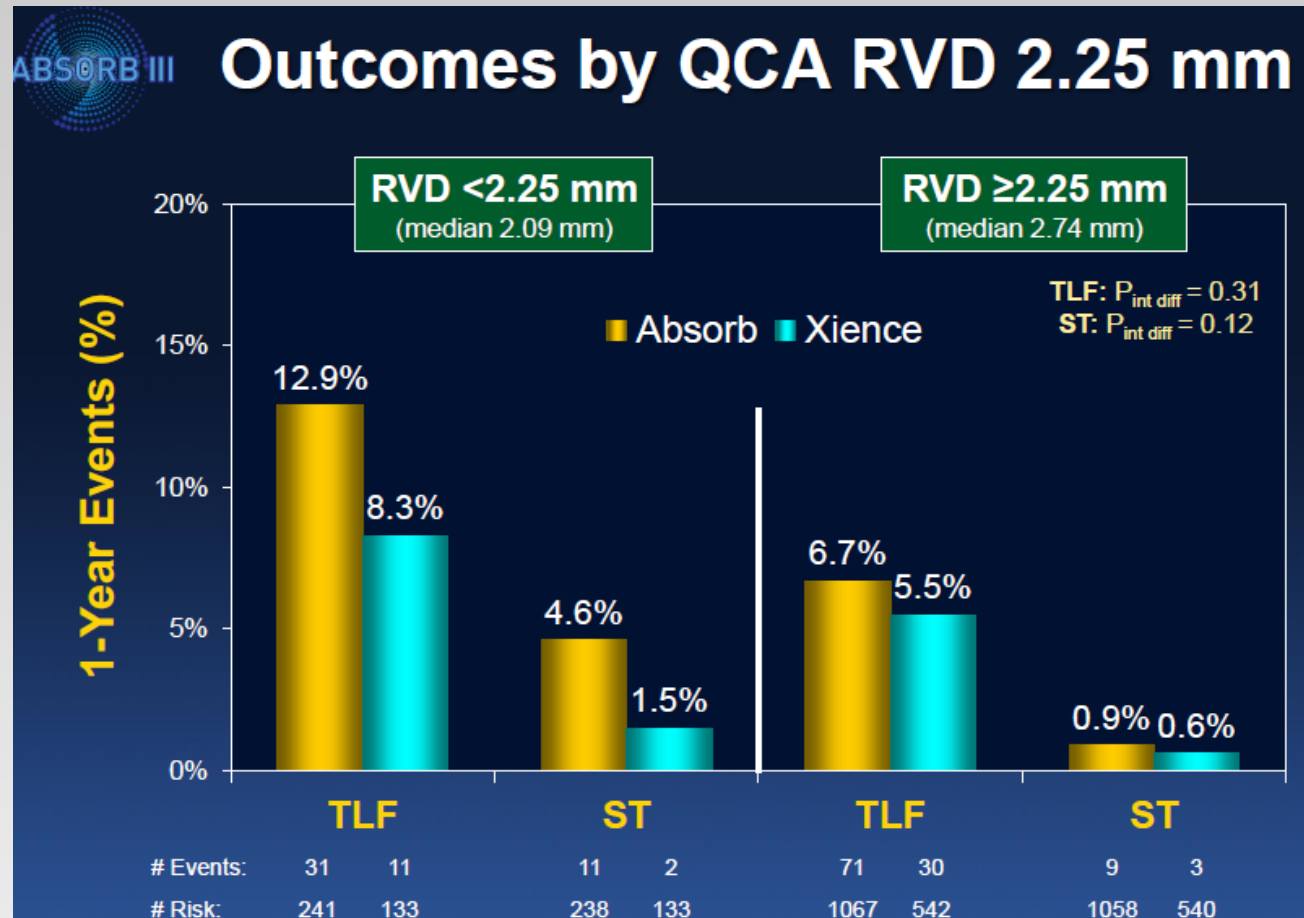
	Absorb (N=1322)	Xience (N=686)	p-value
Device Thrombosis (def*/prob)	1.54%	0.74%	0.13
- Early (0 to 30 days)	1.06%	0.73%	0.46
- Late (> 30 to 1 year)	0.46%	0.00%	0.10
- Definite* (1 year)	1.38%	0.74%	0.21
- Probable (1 year)	0.15%	0.00%	0.55

*One "definite ST" in the Absorb arm by ITT was in a pt that was treated with Xience



Bioresorbierbare Scaffolds (BVS)

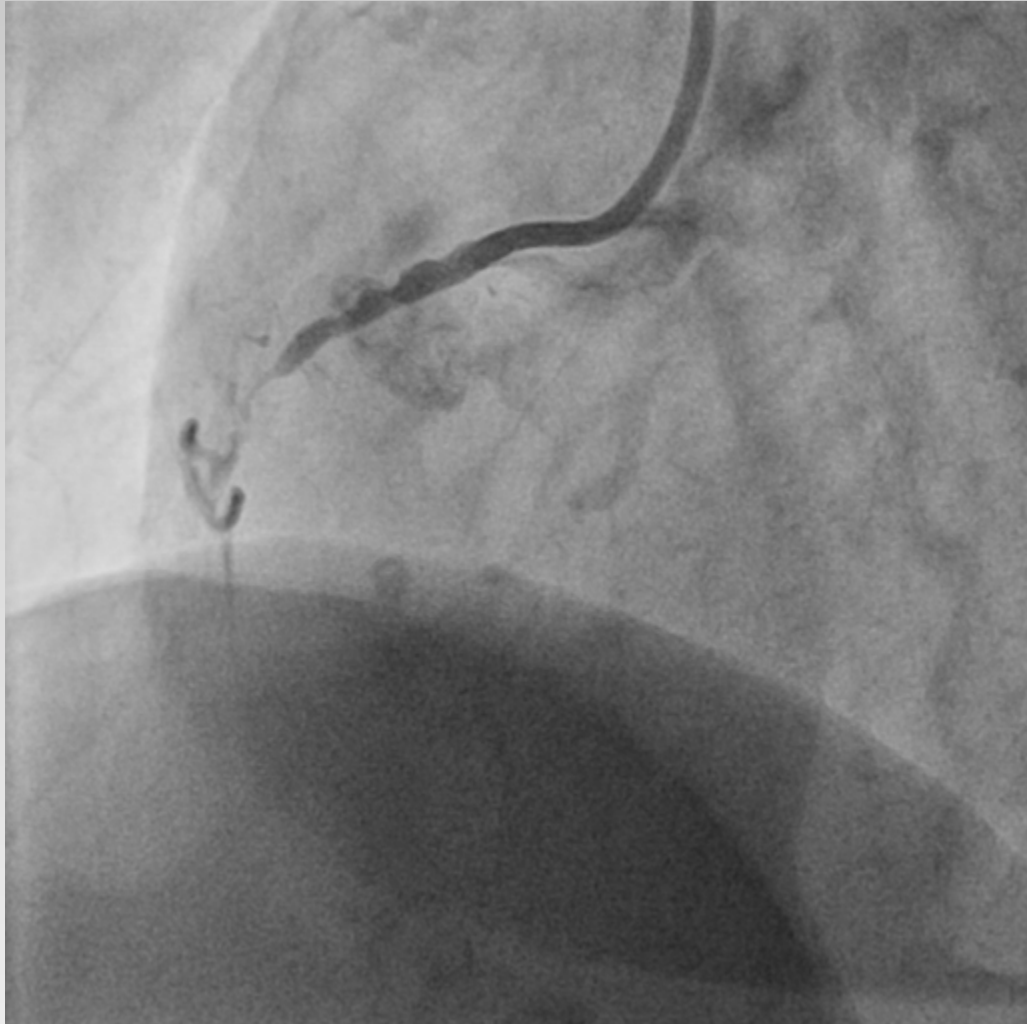
Absorb III, Stentthrombosen
kleine vs. Grosse Gefäße





A.H, 81-Jahre, stabile AP CCS IV

KHK-3, Hauptstammstenose



Chronischer Verschluss RCA-1/2



2 DES Biotrix Flex 3,5/33+28mm 16 bar



A.H., 81-Jahre, stabile AP CCS IV

KHK-3, Hauptstammstenose

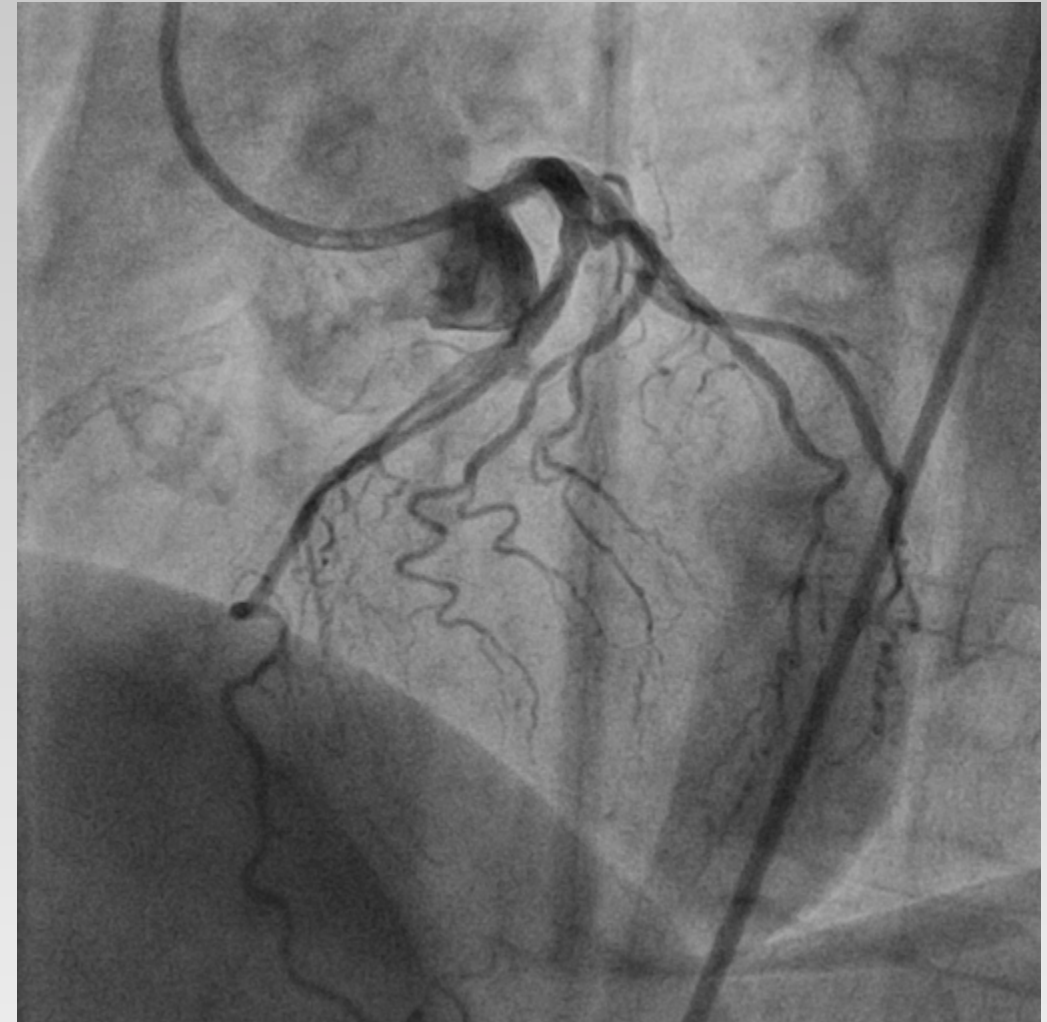
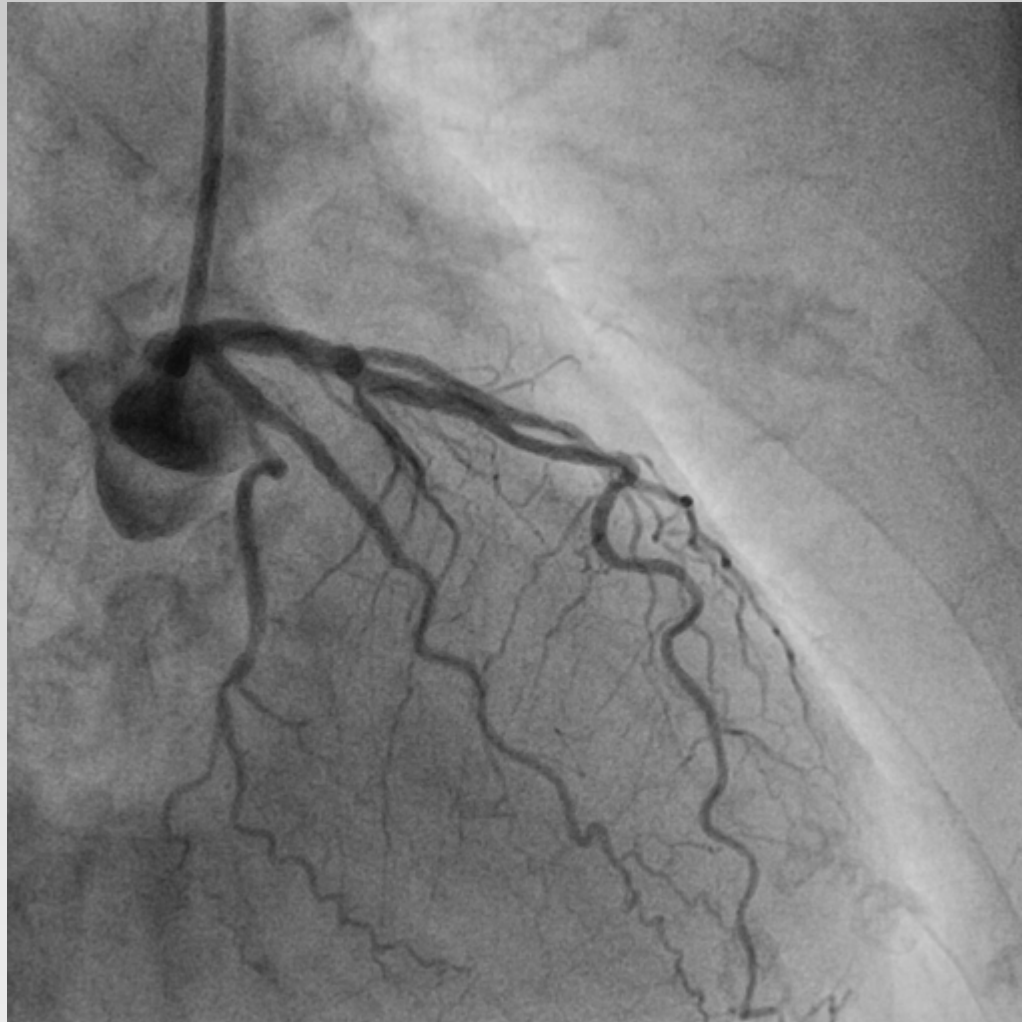


LM 50-75%, LAD-6 75%, LCX-11 75%, RCA-1/2 100%



A.H, 81-Jahre, stabile AP CCS IV

KHK-3, Hauptstammstenose



3 DES: LAD-6 Biomatrix Flex 3,5/18, LM/LAD-6/LCX-11 Mini-Crush Biomatrix Flex 3,5/14+2,5/33mm



R.H, 78-Jahre, stabile AP CCS II KHK-1

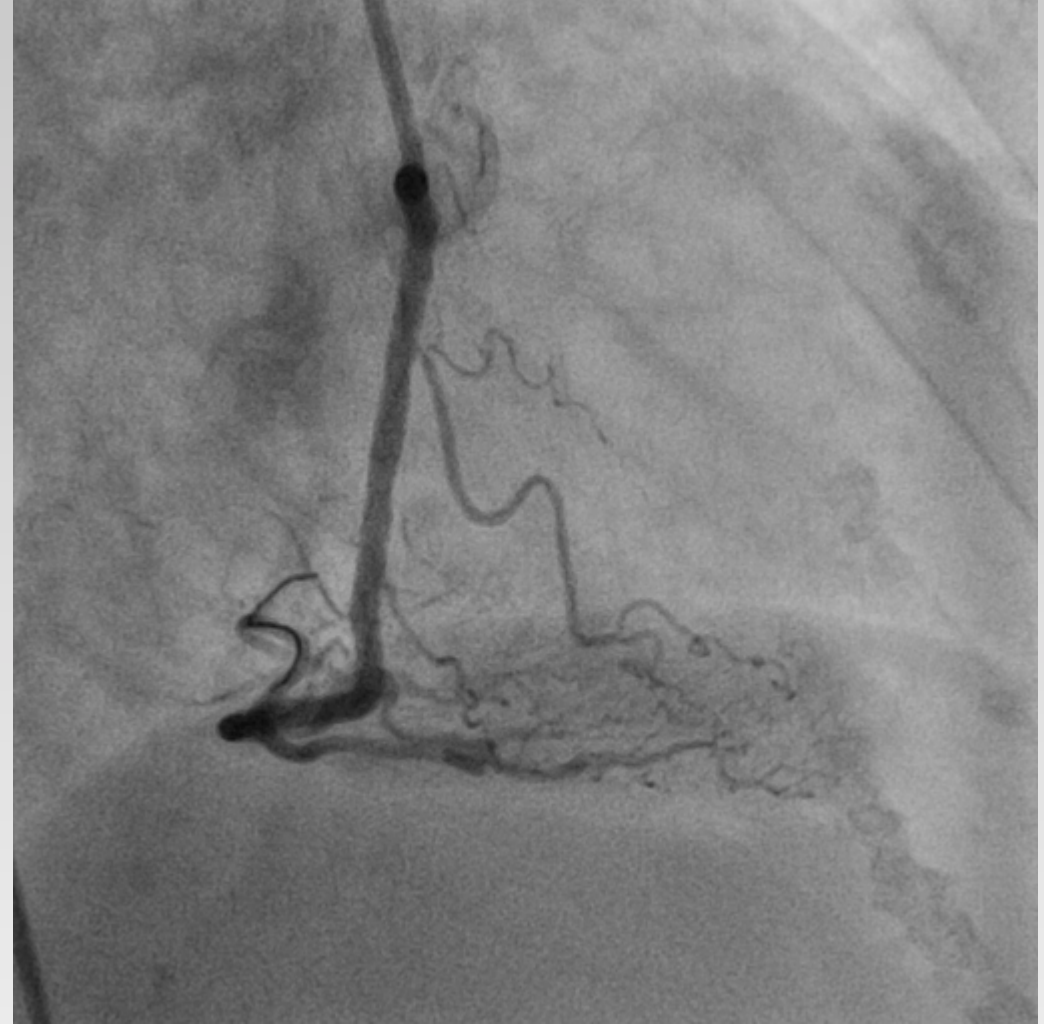
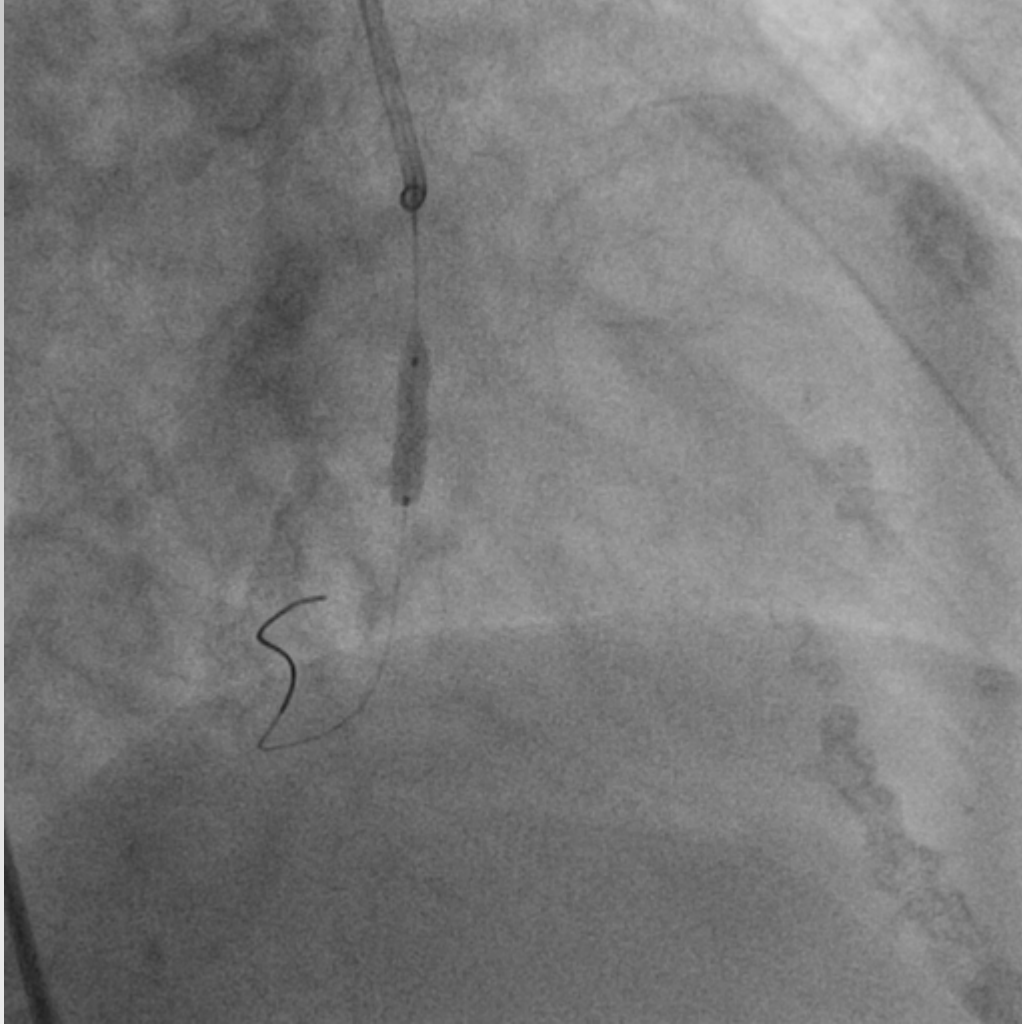


RCA-2 75%



R.H, 78-Jahre, stabile AP CCS II

KHK-1



DES 3,5/12mm Promus Element



Zusammenfassung I

- Nach elektiver DE-Stentimplantation der 2.Generation ist eine duale Plättchenhemmung (DAPT = ASS+Clopidogrel) von 6 Monaten ausreichend.
- Nach elektiver DE-Stentimplantation der 2.Generation unter DAPT über 6 Monate ist eine späte Stentthrombose extreme selten und vergleichbar häufig oder seltener als nach BMS-Implantation.
- Eine längere DAPT über 6 Monate sollte nur in Ausnahmefällen nach Rücksprache/Empfehlung des interventionellen Zentrums verordnet werden.



Zusammenfassung II

- Bei Verwendung polymerfreier DE-Stents (Biofreedom) kann eine DAPT von nur 1 Monat vertreten werden.
- BVS (medikamentenfreisetzende bioresorbierbare Stents) sollten aufgrund der limitierten Datenlage auf grosse Koronargefäße ($> 2,5\text{mm}$) beschränkt werden und mindestens über 6 Monate mit DAPT behandelt werden.



Zusammenfassung III

- Grundvoraussetzung für eine langfristig sichere und effektive koronare Stentimplantation jeglicher Bauart (BMS/DES/BVS) ist eine sorgfältige Implantation (Läsionsvorbereitung, adequate Größenauswahl, Hochdruckimplantation) durch den interventionellen Kardiologen !!